

Domestic Abuse & Sexual Violence Newsletter A monthly newsletter brought to you by the Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

November 2017

Dear Partners

As the International Day for the Elimination of Violence against Women approaches, issues of gender based violence have scarcely been out of the news. Millions have rallied behind the hashtag #MeToo and other campaigns, exposing the sheer magnitude of sexual harassment and other forms of violence that women everywhere suffer, every day. The campaign theme this year - 'Leave No One Behind' - highlights the need to support those who are particularly vulnerable. With this in mind our new suite of awareness posters includes images of people from different intersectionalities and we have worked with national specialist support organisations that have kindly allowed us to use their telephone numbers on the posters so victims and survivors can be sure they are speaking to people that understand their individual concerns. The posters can be downloaded from our website at http://www.cambsdasv.org.uk/website/posters/305453 and are also being sent out in hard copy to GPs, libraries and partner organisations.

We are also pleased that Cambridgeshire County Council has applied for accreditation to the White Ribbon Campaign and we will be supporting them with their application and action plan. Please see the press release on page 13 for more information. Cambridge City Council will have a White Ribbon stall outside the Guildhall (near the Market Square) on Saturday 25th November.

With so much going on over the next few weeks, keep an eye on our social media pages and join us with the hashtags #16days and #orangetheworld – orange is the official colour of the campaign to end violence against women and girls.

You can also see what is happening around the world in relation to VAWG at this link: http://www.unwomen.org/en/news/stories?topic=ed83b18f66fc4382a40456012eae9e48

I hope you enjoy the newsletter and remember that you can submit articles to Amanda.warburton@cambridgeshire.gov.uk

Vickie Crompton
Partnership Manager

Training update

Please see our website for details of levels and training available in the joint training offer for Cambridgeshire and Peterborough http://www.cambsdasv.org.uk/website/training_1/86050

Please note that as the Council's Workforce Development Team has now moved to LGSS, courses are only free to employees of Cambridgeshire County Council, Peterborough City Council and Cambridgeshire and Peterborough Foundation Trust. LGSS charge £75 per day for all other attendees.

Next available courses

- ❖ Domestic Abuse Risk Assessment (Level 3) 18th January
- ❖ Introduction to Domestic Abuse (Level 2) 14th/15th December, 6th February
- ❖ Engaging with Perpetrators of Domestic Abuse (Level 4) 5th February
- ❖ Managing Domestic Abuse in Families 1st February

To book: https://www.cambslearntogether.co.uk/social-care-development-1/learning-and-development-children/-s/learning-and-development-childrens/ (scroll down to calendar at the bottom of the page) https://www.cambslearntogether.co.uk/social-care-development-1/learning-and-development-childrens/

The Safeguarding Adults Domestic Abuse course is 1.5 days and attendees need to have completed the half day training on Making Safeguarding Personal before they attend.

Against Violence and Abuse (AVA) run CPD accredited training throughout the year. There is a charge for these courses https://avaproject.org.uk/events/

New Professionals Leaflet and public awareness posters

The Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership have developed a new leaflet aimed at professionals. The leaflet includes information about how to ask about domestic abuse, details of relevant professionals guidance as well as signposting information for local specialist services. The leaflet is available to download on our website and is also being sent out in hard copy to GPs and other partners over the next few weeks.

We have also developed a new suite of public awareness posters that we will be sending out with the Professionals Leaflet. The posters, featuring a range of images to represent different sectors of communities, have been created in partnership with support organisations and survivors. The posters will also be available to download from our website by the end of the week at: http://www.cambsdasv.org.uk/website/posters/305453

Contacts for countywide Outreach Service

The countywide domestic abuse Outreach service is now fully operational. Outreach take self-referrals from victims and can also provide advice to professionals.

For Cambridge City, East Cambs and South Cambs – Cambridge Women's Aid:

Outreach office: 01223 361214

Out of hours emergency number: 07730 322098

Email for enquiries or referrals: outreach@cambridgewa.org.uk

Website: www.cambridgewa.org.uk

For Fenland, Huntingdonshire and Peterborough – Refuge:

Referral Telephone Line: 07787255821

Email: outreachcambridgeshire@refuge.org.uk

Secure email: cambspboro.outreach@refuge.cjsm.net

UNICEF Violence report

A Familiar Face: Violence in the lives of children and adolescents uses the most current data to shed light on four specific forms of violence: violent discipline and exposure to domestic abuse during early childhood; violence at school; violent deaths among adolescents; and sexual violence in childhood and adolescence.

- Worldwide, 1 in 4 children (176 million) under the age of 5 live with a mother who has been a recent victim of intimate partner violence.
- Worldwide, the most recent surveys indicate that 9 million girls aged 15 to 19 were forced into sexual intercourse or other sexual acts within the past year.

https://www.unicef.org/publications/files/Violence_in_the_lives_of_children_and_adolescents.pdf

Award for ISVA Service

On Friday 20th October the Cambridgeshire and Peterborough Rape Crisis ISVA team received the runners-up award at the new *Celebrating Services for Witnesses* national awards, set up HM Courts and Tribunal Services, to recognize and celebrate excellent work in the area of services to witnesses. They were runners-up in the Specialist Support category.

The ISVA team has received a certificate and trophy in recognition of their excellent work in supporting witnesses within the criminal justice system and this has been awarded to the team by Mr Justice Haddon-Cave.

We are all so thrilled and delighted with this news. The organisers said there had been a large number of nominations for each category so the team have done so well to have been awarded runner-up in their category.

Refuge launches new programme to empower women to tackle technological abuse

Refuge's new technological abuse and empowerment programme was launched on 31 October 2017. This programme has been developed to tackle the ethnological abuse and economic and technological exclusion, caused by the growing misuse of modern technology against victims of domestic abuse. Refuge will ensure its expert team and the services it runs, keeps pace with the new threats women face.

Funded by Google.org, Refuge will train 300 frontline processionals and setup a dedicated, expert unit to help Refuge's clients stay safe. Google.org has pledged to give more than £750,000 over three years to Refuge, Britain's leading domestic violence charity, to help crack down on abusers who use technology to harm women.

Refuge is the country's largest single provider of specialist services for survivors of violence – domestic violence, modern slavery, human trafficking, rape and other forms of violence and abuse. Every week, two women are killed by a partner or ex-partner every week in England and Wales. And every day Refuge offers face-to-face support to 6,000 women and children.

You can read the full report by following the link: http://www.refuge.org.uk/2017/10/31/refuge-launches-new-programme-to-tackle-technological-abuse-and-empower-women-victims-to-unlock-the-opportunities-technology-brings/

The journey towards statutory RSE begins!

On Monday 6th November, Education Secretary Justine Greening announced that Ian Bauckham CBE will provide the Department for Education with advice on how relationships education in primary schools and relationships and sex education in secondary schools should be taught.

lan has 32 years' experience as a teacher, and 13 years as a head teacher, and has worked in a variety of roles, including heading up the Association of Schools and College Leaders in 2013 and 2014.

As part of his new role, he will speak to parents, teachers, children and other interested groups about the topics that young people today need to understand to stay safe and happy, including age-appropriate content on mental wellbeing, keeping safe online and LGBT issues.

Firewalk for Cambridge Rape Crisis

On the 28th October, Vickie Crompton, DASV Partnership Manager, and Julia Cullum (our former CYP Domestic Abuse worker) together with 25 other people, raised £9,491.26 by taking part in the sponsored Firewalk for Cambridge Rape Crisis Centre. This far exceeded the target of £5,000.

The money will be used for the 1-2-1 Counselling Service, CRCC provides. The service is a free face-to-face service that is offered to women and teenage girls who have experienced rape, childhood sexual abuse or any other form of sexual violence.

On previous Firewalks, people have raised thousands of pounds and helped CRCC open an email support service, which along with the helpline service continues to grow, offering free, anonymous support to women and girls.

Congratulations to all those that took part.



RSE Support for parents

DHIVERSE are running a needs assessment to see what kind of support parents would like to receive in regards to RSE topics. Please share this survey with any parents you know or work with. The closing date is 6th December https://www.surveymonkey.co.uk/r/S7XVDQH

National Care Leavers Project

Against Violence and Abuse (AVA) has received funding from the Pilgrim Trust to set up a project to improve responses to young women in care/recent care leavers who have experienced domestic abuse, teenage relationship abuse or sexual exploitation.

This project is being led by an expert advisory group of care leavers and will result in:

- Awareness raising sessions for girls in care
- 8 thematic training seminars for relevant professions
- Thematic newsletters and a dedicated online blog
- Resources for practitioners and young women

AVA are planning to create a network of relevant practitioners and organisations (foster carers, adopters, care home staff, social workers etc). If you would like to join this network and receive newsletters and info about free events please sign up here.

New national commission focusing on domestic and sexual abuse against the most marginalized women and girls

AVA and Agenda's new commission held it's first meeting on October 30th. Chaired by Baroness Hilary Armstrong the commission will be looking at:

- The links between domestic and sexual abuse and multiple disadvantage, particularly mental health, substance use issues, poverty and socio-economic inequality.
- The experiences of women facing these issues, including their views of what services would best meet their needs and support them to rebuild their lives.
- Current provision to support women affected by these issues.
- Evidence and ideas for how best to support women with experience of domestic and sexual abuse and multiple disadvantage including current good practice.

The commission will be working alongside an expert by experience group. Made up of 15 women who will undertake peer research, the expert group will ensure that commission recommendations are shaped by lived experience and that the voices of survivors are centred and prioritised.

The commission will be taking evidence both written and verbal of the course of the next year with the aim of publishing a report and recommendations in autumn 2018.

The Project is funded by Lloyds Bank Foundation for England & Wales as part of their Transform programme.

Substance use and mental health in domestic homicide reviews

Dr Lucy Allwright from AVA has supported Advocacy After Fatal Domestic Abuse (AAFDA) with creating a short film about the importance of understanding substance use and mental health in Domestic Homicide Reviews. We were pleased to host AAFDA founder Frank Mullane in May at two Domestic Homicide Review training events so encourage all partners involved in DHRs to view this resource. https://avaproject.org.uk/resources/?types=videos&categories=multiple-disadvantage&mc_cid=4f3ccd6a22&mc_eid=273e6b246c#content-anchor

Outreach Worker vacancy

Cambridge Women's Aid are currently seeking a **full time Outreach Support Worker** to join our team of passionate and experienced workers to provide practical and emotional support to women affected by domestic abuse living in Cambridge City, South Cambridgeshire and East Cambridgeshire.

You will understand the dynamics and impact of domestic violence/abuse and how best to support survivors. Knowledge of help available to survivors of abuse is needed plus the ability to develop supportive relationships with women whilst maintaining professional boundaries.

Offering high levels of job satisfaction, this post is fixed term for a minimum of one year. It is based in Cambridge City and is paid at NJC pay scale 26-30, £23,398 - £26,822 p.a for a 37 hour week plus a 5% pension contribution.

This post is exempt from the Rehabilitation of Offenders Act. Posts will be subject to an enhanced DBS check and open to women only (exempt under the Equality Act 2010 Schedule 9, Part 1).

Closing date for applications: Midday on Monday 11th December

Interview date: Monday 18th December

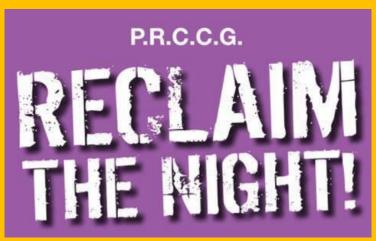
Application packs can be downloaded from news section of our website www.cambridgewa.org.uk

Channel 5 continues Modern Britain strand with Raped: My Story

Channel 5 will broadcast a powerful and hard-hitting new documentary, featuring first person interviews on the experience of being raped, on Wednesday 22nd November at 9pm. *Raped: My Story* is a compelling and brutally honest first—hand look at what happens during the trauma of a rape, the damaging aftermath of the event, and how women (and men) are treated by the criminal justice system when they do report - exploring support for survivors and how the perpetrators are brought to justice. The law protects the identity of rape victims in the UK, but these ten survivors have decided to speak out.

One woman tells of 20 years of rape within her marriage, which was not recognised as a crime until 1991. Another was raped by her friend's brother, while others were drugged and raped. The stories echo each other with recurring sentiments of being frozen with fear, self-blame, denial and a sense that anything would be better than admitting that they had been raped. RAPED: My Story discovers, in detail, the complex emotional issues so often absent from news reports.

The film will be followed by #MeToo: The Debate from ITN to discuss the issues raised further, as well as exploring the current climate around consent and sexual harassment. Rape conviction rates are low—only a tiny fraction (3%) of the 97,000 rapes in Britain every year see a guilty verdict- of the ten rape survivors who speak out in the film, only one perpetrator is convicted.



Peterborough Rape Crisis Care Group are inviting everyone to join them on their Reclaim the Night march in Peterborough on 25 November. Marchers will meet at Cathedral Square at 7pm - Bring friends, family and glow sticks!

New service to support children's well-being and mental health

A new service which will support children and young people with their well-being and mental health will be launched in the new year. Peterborough City Council has been working with Cambridgeshire County Council and the Cambridgeshire and Peterborough Clinical Commissioning Group to develop the new service across Peterborough and Cambridgeshire. CHUMS, a mental health and emotional well-being social enterprise, has been awarded the contract to run the new service. By pooling the resources of the three organisations, there will be a greater capacity to support more children and their families.

The service will support children and young people with mild-moderate mental health issues such as anxiety and depression, as well as offering preventative interventions for other behaviours such as self harm. It will also support those with significant emotional well-being difficulties arising from life events such as bereavement and bullying. Furthermore, the service will aim to build emotional resilience by helping children and young people to manage their thoughts and feelings and develop coping strategies.

CHUMS' delivery model combines one to one talking therapies with a range of other support including a Mental Health Resiliency Group, evidence based group therapeutic support, drop-in facilities, parent/carer support and recreational therapeutic programmes to enable service users to better understand and maintain good mental health. These various elements will be delivered throughout Peterborough and Cambridgeshire via hubs in Peterborough, Cambridge and Huntingdon, community venues, coffee shops and Connections Buses to reach children and young people living in rural areas.

Whilst the service has been designed for children and young people, the combined parent/carer support will enable positive coping and better understanding of mental health in families. School staff will also be able to access consultation and training to promote understanding and early identification and support for mental health difficulties. The new contract is due to start on 1 January 2018.

Changes at Centre 33

As from 1st January 2018 the Cambridgeshire and Peterborough Emotional Health and Wellbeing Service, which is currently part of Centre 33's open access counselling service, will be provided by another organisation called CHUMS.

This will mean that Centre 33 will have a significantly reduced counselling service, and we are recommending that young people are referred to CHUMS. In order to be considered for a service with CHUMS, referrals can be made by professionals, parents or young people via their website: http://chums.uk.com/chums-referral-criteria/. They will provide services for 5-25 year olds in Cambridgeshire and 5-18 year olds in Peterborough.

Whilst Centre 33 will no longer be the lead provider we want to remind you that this will only impact on one of our services and we will still be delivering the following:

- Young Carers Support for 8-18 year olds across Cambridgeshire, including schools based services, one-to-one planning and support sessions, small group work, awareness training, advocacy and respite. Referrals can be made directly via our website, phone or drop-in sessions.
- Information and Support services including a helpline, drop-in centres and support with sexual health, mental health, housing and money issues among other things. This works across Cambridgeshire and Peterborough for 13-25 year olds.
- Mental Health Services for ages 13-25. This will consist of a smaller counselling and mental
 wellbeing service from our hubs in Cambridge and Ely, an outreach counselling service in
 Wisbech, Fenland, Peterborough and Huntingdon and counselling in secondary schools in
 East and South Cambridgeshire.

Centre 33 remains strongly committed to supporting young people with their mental and emotional well-being, through our 'open access' approach. It is central to everything we do.

We encourage you to continue to use our services and to contact us if you have any questions about this process or need advice or support in accessing other services.

New guidance on accommodation for DA victims

The Government has launched new guidance to ensure victims of domestic abuse can easily access safe, long-term accommodation. The guidance, which is subject to a 10-week consultation, makes it clear that local authorities should treat victims of domestic abuse, currently in safe accommodation such as a refuge, as a priority for social housing. It also makes clear that those victims who have fled to refuges in other parts of the country should not be disadvantaged in accessing social housing.

In addition, local authorities are being encouraged to use their existing powers to help victims of domestic abuse to remain safely in their own home without their abuser, if they wish to.

News from The Edge

The Cambridge Recovery Café, The Edge, has just celebrated its first birthday. Below is an update from their newsletter

The Edge Café has already built a solid reputation for delicious, homemade food, cakes, wonderful coffees, teas and infusions. In August, we were honoured to be a finalist in the *Cambridge News*' Food and Drink Awards, in the Best Newcomer category. We have also held our first two pop-up restaurant fundraising events and evening events are becoming more regular: we host a monthly meeting of Death Café and our own bi-monthly Open Mic Night: Music, Poetry and Creative Writing.

In April, we received a magnificent donation of £10,000, which we have been spending wisely to help support the people in recovery we work with. Our ongoing workshop programme has grown. Health and wellbeing workshops now include Meditation and Mindfulness, Yoga, Pilates and Tai Chi. DJAM, run by the fabulous Katie and Pippa, offers Dance, Journaling, Art and Meditation. DJAM attendees have recently been designing Edge Christmas cards, which will be available soon. Other workshops include Creative Writing, African Drumming, Music Club, and Knit and Natter. Tori, one of our volunteers, also offers one-to-one IT support and guidance. All our workshops are free and attendance is growing, with participants in many types of recovery.

We have also become home to meetings of Total Voice, the Head Injury Team and the Personality Disorder Team, and we still host meetings for Narcotics Anonymous and the Borderline Personality Disorder Carers' Support Group. We have also founded our own Recovery Support Group for people at any point of their recovery journey. We meet every Thursday evening, all are welcome.

In September, we became the home of Cambridge's first Community Fridge, adding to our own food bank, which many in the local community now depend on. We value all the strong community links we have built since opening. We have had visits from Daniel Zeichner MP, Jason Ablewhite, Police & Crime Commissioner for Cambridgeshire and Peterborough, and George Pippas, Lord Mayor of Cambridge.

I would like to take this opportunity to say a massive thank you to our customers, the Board of Directors, the Closer to the Edge group and all our phenomenal staff and volunteers. We are always looking for volunteers to add to our wonderful team. If you would like to get involved and learn some new skills, please get in touch. We plan to publish this newsletter quarterly and would welcome any contributions from our volunteers, workshop participants and facilitators, as well as our regular customers.

Andy Ahmad-Cooke, Recovery Coordinator

No Woman Turned Away - first report released

The No Woman Turned Away (NWTA) project was commissioned by the Department of Communities and Local Government (DCLG) to provide additional support to women facing difficulties accessing a refuge space. The work was delivered by Women's Aid with a team of specialist caseworkers supporting women into refuge alongside dedicated evaluation support. A full year's worth of data was collected on survivors' needs and fully monitored and analysed to produce the first report from the project.

Key findings:

- 11% of survivors slept rough while searching for refuge, including seven women who had children with them and three women who were pregnant
- Only one quarter of women seeking refuge were accommodated in a suitable refuge space, while only 7% of women with no recourse to public funds (barred from all public services due to their immigration status) were accommodated
- In 32% of cases social services failed to meet their duty of care to survivors of domestic abuse, while 19% of survivors were prevented by local housing teams from making a homeless application – despite the fact that legally they should be treated as priority cases

The full report can be read at https://www.womensaid.org.uk/research-and-publications/nowomanturnedaway/

Identifying perpetrators of domestic abuse and coercive control

A new, in-depth guide for Community Care Inform Children and Adults provides information and guidance about working with perpetrators, how perpetrator programmes work and techniques to engage perpetrators. The guide is written by Professor Nicole Westmarland, director of Durham university's Centre for Research into Violence and Abuse. Community Care Inform subscribers can read the guide on Inform Adults and Inform Children. Community Care recently published a summary of the key points of the guide that includes suggested questions to ask victims and advice about seeing the bigger picture rather than individual incidents. The Community Care summary can be accessed at http://www.communitycare.co.uk/2017/10/02/identify-perpetrators-domestic-abuse-coercive-control/

National accolade for Cambs DASV website

The Cambridgeshire & Peterborough Domestic Abuse and Sexual Violence Partnership website, www.cambsdasv.org.uk has been chosen by the British Library to join the Open UK Web Archive. The archive includes websites of cultural and research significance and contributors are selected by specialist curators based on the current and future significance of content. We are really pleased that the value of our website has been recognised in this way.

Links between women in prison and domestic abuse

Ministry of Justice statistics show that women in prison in England and Wales have often been victims of much more serious offences than the ones they are accused of committing. More than half (53%) report having experienced emotional, physical or sexual abuse as a child compared to 27% of men. Fifty-seven per cent of women in prison report having been victims of domestic violence. Because many women fear disclosing abuse, both figures are likely to be an underestimate. The charity Women in Prison report that 79% of the women who use their services have experienced domestic violence and/or sexual abuse. **The Prison Reform Trust (PRT)** organised an event on 17th October in consultation with Against Violence and Abuse (AVA) to consider the links between domestic abuse and offending by some women, and what can be done to improve criminal justice responses in this area. The Prison Reform Trust will draw on the learning from the meeting to prepare a briefing, to be published later in the autumn

Speaking at the event, Sarah Newton MP, Parliamentary Under Secretary of State for Crime, Safeguarding and Vulnerability, said "The impact of domestic abuse is far reaching, with victims often experiencing further issues such as mental illness, addiction and homelessness. This Government is committed to tackling domestic abuse and supporting all survivors, including female offenders, to ensure they can rebuild their lives."

Home Secretary, **Amber Rudd** said: "Domestic abuse has a devastating and life-long impact on victims. This is why the Government is bringing forward a landmark Domestic Abuse Bill to transform how we respond to this devastating crime and break the cycle of harm.

"We recognise that a significant proportion of female offenders have experienced domestic abuse and the important role of the justice system in addressing the complex needs of female offenders. To this end the Government is developing a strategy to improve outcomes for women in the community and custody. We will set out the strategy later this year."

New Safe Lives report on DA and children

SafeLives' latest Insights dataset focusses on the experiences of children living with domestic abuse and highlights that at the time they start school, at least one child in every class will have been living with domestic abuse since they were born.

The report includes information on how domestic abuse impacts on children and families and recommendations on how LSCBs, Commissioners, social care and specialist services can work together to improve outcomes.

http://safelives.org.uk/sites/default/files/resources/Insights%20National%20Dataset%20Briefing%202017%20-%20children.pdf?utm_source=SafeLives+news&utm_campaign=d3a628515b-Childrens_Insights_briefing_email&utm_medium=email&utm_term=0_8480a90584-d3a628515b-330998825

Cambridgeshire County Council pledges support for campaign to tackle male violence against women

Cambridgeshire County Council has pledged to sign up for the White Ribbon Award and its commitment to end male violence against women, **once and for all**.

25 November is White Ribbon Day, a national day of action when we will join with White Ribbon UK and organisations across the country to ask men to step up and become part of the solution. Councillors agreed at the Communities and Partnership Committee in October to sign up for the White Ribbon Award. At the meeting Councillor Kevin Cuffley, the Vice-Chairman of the committee, was nominated as the Councillor Champion for Community Safety, including domestic abuse and sexual violence and the county's White Ribbon Ambassador.

He said, "I am really pleased that Cambridgeshire County Council is applying for the White Ribbon Award which demonstrates our commitment to ending male violence against women. It is a cause close to my heart and I believe we can all help to tackle domestic abuse.

"Men and boys have a crucial role to play in creating a culture where male violence, abuse and harassment against women and girls are seen as unacceptable. I would encourage men and boys in Cambridgeshire to show their commitment to this by supporting the White Ribbon campaign. Schools have an important role to play in educating young people about violence against women and girls and its impact and employers can help by ensuring that they recognise and support staff who are affected by this issue."

"In my new role I am starting to work with teams across the County Council and our partners to look at how I can help ensure that we work together to raise awareness and secure the resources needed to tackle violence against women and girls in Cambridgeshire."

Cambridgeshire County Council is a key partner of the Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership which works closely with organisations such as Police, Health, Probation and specialist support services to ensure that victims of domestic abuse and violence against women and girls across the county are protected and supported to recover from their experiences. Achieving accreditation by White Ribbon will demonstrate to partners our commitment to tackling this issue and would hopefully encourage others to sign up too. The Partnership is working on a new strategy and action plan to tackle violence against women and girls in Cambridgeshire.

For more information see https://www.whiteribbon.org.uk/

If you want to take your action further still, we encourage men to become Ambassadors for White Ribbon UK; we also have a new Champions programme for the high number of women that support the campaign.