

Useful Telephone Numbers

- Citizen Advice Bureau 0844 499 4120
- Dawn Project 01733 342 102
- Dental Emergency Service 01223 471 798
- Job Centre Plus 0345 604 3719
- Men's Aid 0871 223 9986
- MIND 01733 530 650
- Nacro (Storm Project) 07980 725 746
- National Domestic Violence Helpline
0844 804 4999
- NHS Care call 111 when it's less urgent than 999
- ICASH Sexual Health Drop In 0300 300 30 30
- Peterborough National Probation Service
03000 477 300
- Peterborough Community Rehabilitation
Company 03000 477 350
- Peterborough Rape Crisis 01733 317 899
- Peterborough Walk in Centre 01733 293 800
- Samaritans Helpline 0845 790 9090
- Victim's Hub (formally Victim Support)
0800 781 6818
- Women's Aid 0808 200 0247



**HMP Peterborough
Saville Road
Peterborough
PE3 7PD**

01733 217500

**Changing Lives
for the
Better**



OUTSIDE LINKS

Changing lives for the better

Friendly advice and help for
you on day of release from
prison or court and continued
support in the community.

08.30 – 10.15

(each weekday morning)

Located within the
Visits Centre at
HMP Peterborough

10.30 – 17.00

(each weekday)

13.00 – 13.30 (closed for lunch)

Located at the YMCA Timestop
101 Wellington Street
Eastgate
Peterborough
PE1 5DU

**Freephone
Support Line
Monday to Friday
10.30 – 17.00**

0800 587 7745 / 07789 615 048

outsidelinks@sodexojusticeservices.com

Please leave your contact details
on the answer
phone and we will
return your call



DAY OF RELEASE



We understand that when you are released from prison it can be a daunting time.

Outside Links is an extension of the Link within the prison and can provide support to you on day of release. We can also provide support if you are released from court.

Support can include:

- ✓ 1-1 support by trained resettlement staff
- ✓ 1-1 peer support
- ✓ A travel warrant
- ✓ Travel information including train times
- ✓ Free transport to your first local appointment or train/bus station
- ✓ Contacting your Probation Officer to confirm your arrival time
- ✓ Explanation of your licence conditions
- ✓ Meeting point with support agencies
- ✓ Free telephone service to family or friends
- ✓ Arranging appointments for local crisis accommodation
- ✓ Immediate family support with Adfam
- ✓ Help for victims of domestic abuse and sex workers
- ✓ Access to a mobile phone charger
- ✓ Support with employment
- ✓ Access to food bank vouchers (local release only)
- ✓ Signposting to benefit services
- ✓ Free contraception
- ✓ Refreshments for family and friends

FOLLOWING RELEASE – CONTINUED SUPPORT AVAILABLE

Outside Links in the community providing you continued support as we understand that even with the best planning circumstances can change.

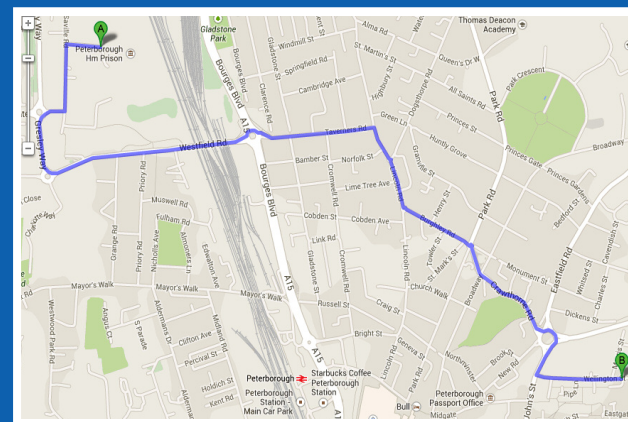
As well as the support we offer on day of release, we also work with a wide range of partners to provide the continued support when YOU need it.

This includes:

- Drop in service
- Meeting point with support agencies
- WOW days (Women only Wednesdays) 13.00-17.00
- Finance, benefit and debt support
- Employment Training and Education Support
- Support with Application Forms
- Follow up calls to check your welfare

Refreshments and Jail Bird items are also available.

We look forward to seeing you.



OUTSIDE LINKS

Outside Links launched in 2013 and during our first year, we helped almost 2000 people in our care following release. This is some of the feedback we received.

Thanks for taking the time out to find train times and for letting me use the phone and for providing a free taxi to the station.

Thank you for your support and help with finding a job. You have given me hope for the first time.

Thank you for all the help you have given me, all the long chats, all the advice and just being there. You made my sentence so much easier hopefully I will not see you again.

Just a note to say I am doing fine, I am going back to work on Monday. I am drug free and staying out of trouble. Thank you for your help.