



NSPCC Learning is here to provide professionals with all the tools, training and resources needed to keep children safe. To find out more about Protect and Respect and our training packages for professionals on child sexual exploitation, visit nspcc.org.uk/learning

Need advice?

If you're worried about a child, you can contact our helpline for advice and support.

- Call **0808 800 5000**
- Text **88858**
- Email **help@nspcc.org.uk**
- Visit **nspcc.org.uk/helpline**

Childline

If a child you know needs further support, you can direct them to Childline – our free confidential helpline available 24/7.

- Call **0800 1111**
- Visit **childline.org.uk**



Protect and Respect

One-to-one support

**Information for professionals
supporting children and young people
affected by sexual exploitation**



How it works

Protect and Respect is our one-to-one support and protection service that provides tailored support for young people and their parent or carer when there are concerns about sexual exploitation or it is known to have happened. This leaflet will help you understand what the service offers and how you can make a referral.

Who is the service for?

Any child or young person, from any background can be affected by sexual exploitation. The Protect and Respect one-to-one service is for young people aged between 11-19 years old who are:

- ▶ at heightened risk of child sexual exploitation
- ▶ suspected of being sexual exploited
- ▶ currently being sexually exploited
- ▶ known to have been subjected to sexual exploitation.

Young people must give informed consent for the service and can withdraw consent at any time.

Being sexually exploited can be scary, stressful and confusing, and young people may feel like there's no way out. They may not understand the situation or realise that they are being exploited.

We understand that many children and young people feel unable to tell anyone, and parents and professionals are often uncertain if exploitation is happening.

How it works

Young people work with an experienced NSPCC practitioner. The practitioners carry out a strengths-based assessment with each child and use this to codevelop a bespoke support plan. Our practitioners build a trusting relationship with each child using a variety of trauma-informed approaches to improve wellbeing and promote resilience.

For children and young people

The service focuses on matters which are important to the young person. It offers up to six months of intensive support, which can be extended to 12 months based on the young person's support needs.



“It made me realise that I wasn’t on my own and helped me open up”

Young person

For parents and carers

A separate practitioner can also work directly with parents and carers. This can involve up to ten direct sessions and ongoing support if required. If a parent or carer does not want this support, it does not affect the offer for the young person.

Make a referral

To refer a young person, contact your local service centre:

Or find out more about this and our group work at nspcc.org.uk/protectandrespect