



Domestic Abuse & Sexual Violence Newsletter
A monthly newsletter brought to you by the
Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

August 2019

Hello and welcome to our latest newsletter.

For the second year, the Cambs DASV team set up the White Ribbon stall at the Cambridge Folk Festival 2nd-4th August, raising awareness of male violence. We all had a great time & empowered discussions about domestic abuse. A lot of men showed interest in making the pledge for the White Ribbon campaign. Cllr Cuffley, Cambridgeshire County Council White Ribbon Ambassador, reported a range of discussions including around stalking and harassment, housing concerns & homelessness for DA victims & volunteering opportunities. We will be holding more White Ribbon events throughout the year so keep an eye on the newsletter and our social media pages for information & encourage others to have open discussions about domestic abuse & healthy relationships. Visit our Twitter & Instagram for more pictures.

Special thanks to:

- Vanessa Bismuth
- Joanne Dickson
- Sarah Gear
- Kevin Cuffley
- Gil Karpas



We hope you enjoy this newsletter and please do share any news from your service with us that we can include in future newsletters.

Julia Cullum
Partnership Manager



October DASV Champions Sessions

Our October sessions will focus on Stalking and Harassment and Economic Abuse. Dates are below. To book, email dasvchampions@cambridgeshire.gov.uk

October 2019 – Stalking & Harassment and Economic Abuse

Cambridge City & South	Fenland	East Cambs	Huntingdon	Peterborough
2 nd October 10.00 – 12.00 Arbury Community Centre, Campkin Road, Cambridge, CB4 2LD	3 rd October 11.00 – 13.00 March Community Centre, 34 Station Road, March PE15 8LE	8 th October 10.00 – 12.00 Centre 33 Offices, Centre E, Ely	7 th October 10.00 – 12.00 Stanton House, Stanton Way, Huntingdon PE29 6XL	14 th October 10.00 – 12.00 Crosskeys Homes Shrewsbury Avenue, Woodston, Peterborough, PE2 7BZ

Domestic Abuse in rural areas

The National Rural Crime Network has produced a report on domestic abuse in rural areas. The report is the product of an 18 month research project, during which 67 in-depth interviews were conducted with survivors and a survey was completed by over 800 survivors.

The research found that:

- Abuse lasts on average 25% longer in rural areas
- Rural communities are patriarchal and subjugate and control women
- Close-knit rural communities facilitate abuse
- Support services are less available, less visible, and less effective
- The more rural the setting, the higher the risk of harm
- The policing response is largely inadequate
- Rurality and isolation are used as weapons by abusers
- Service provision is fragmented and competing as a result of short-term funding
- Data bias against rural communities creates gaps in response and support
- The declining availability of public services in rural areas makes accessing help harder

The key findings, recommendations, and the full report can be accessed at - <https://www.ruralabuse.co.uk/>

New Break for Change holding programme

YMCA Trinity will be delivering another Break4Change Holding Intervention will be running in **Cambridge City in September 2019**.

Below are some of the characteristics of child/adolescent to parent violence to help recognise some of the signs:

A young person (11 – 17yrs) could be:

- Controlling in the home environment where parents are having to modify their own behaviour through fear of consequences
- Being violent or aggressive towards the parent/carer, using weapons
- Putting the parent or carer down/name calling
- Missing from home as a use of control/not attending school
- Making threats/unreasonable demands with consequences
- Hurting siblings either physically or emotionally
- Demanding/stealing money

Any behaviour used by a young person to **control, dominate or coerce** parents/carers. It is intended to threaten and intimidate and puts family safety at risk

We have some families where there is violence at a high level, some low and some where there is no physical violence however there is a high level of coercive control. Some young people have diagnosis for ADHD, ASD, ODD, however we can still work with them as long as they are able to comprehend choice.

The next 6 week programme will start on **Thursday 12th September** between the hours of **6pm – 8pm**. This programme is for all families across the whole of Cambridgeshire to join. Young people and parents/carers groups work in parallel, however in separate rooms.

Once referrals have been submitted, we will make home visits and carry out assessments where professionals will be kept in the loop. For a referral form please contact clare.taylor@ymcatrinity.org.uk

Domestic Abuse in the workplace – Everyone's Business

Everyone's Business is a national cross-partnership programme putting employers at the heart of tackling **domestic abuse** by providing free, necessary and bespoke tools to recognise the signs and play an active role in prevention. More information about the programme is available on the Hestia website <https://www.hestia.org/News/press-release-everyones-business>

Economic abuse film

Surviving Economic Abuse is one of the partners in "Whole Housing" – this film demonstrates perfectly how economic/domestic abuse can happen gradually, and be devastating – please share with your colleagues.

https://www.youtube.com/watch?v=9zIR_oAPszg&feature=youtu.be

Increased jobcentre support for women experiencing domestic abuse

Every jobcentre in the UK will have a trained domestic abuse point of contact by the end of summer, Work and Pensions Secretary Amber Rudd has announced.

Around 600 DWP staff across the UK are currently undergoing specialist training from expert organisation Women's Aid. The newly assigned points of contact will be trained to identify and support the needs of anyone experiencing domestic abuse, and will work closely with local services to share knowledge and signpost women to additional, external support.

And in an important step to protect those experiencing domestic abuse, the Secretary of State also announced that new Universal Credit claims will receive automatic guidance directing payments to be made to the main carer's account.

Victims' Code Consultation

The Ministry of Justice are planning changes to the Victims' Code and are running a consultation to find out what people think about their proposals and what priorities should be focused on. The consultation is open until 11 September and can be accessed at <https://consult.justice.gov.uk/digital-communications/proposed-changes-to-the-victims-code/>

Intimate Partner Femicide Timeline

Dr Jane Monckton-Smith's work to establish an eight stage timeline for domestic homicide of female victims is available to download for free from the link below. The work presents the argument that IPF is part of a journey where the motivation to abuse (need for control) is linked to the motivation to kill (loss of, or threat to, control). Using the principles of temporal sequencing and the histories of 372 cases of IPF a staged progression which shows how risk can escalate is presented. <http://eprints.glos.ac.uk/6273/1/Intimate%20Partner%20Femicide%20Timeline.pdf>



Privately owned housing and domestic abuse

Part of the 'whole housing approach' project

The 'whole housing approach' project is being piloted in Cambridgeshire, West London and Stockton-on-Tees, funded by the Ministry for Housing, Communities and Local Government. Surviving Economic Abuse (SEA) leads on work to support homeowners who have experienced domestic abuse stay in their homes and/or on the property ladder.

12 strands of the 'whole housing approach'

Housing options for survivors often focus on refuges and social housing. The whole housing approach considers 12 areas of safe accommodation,

65.5% of homes in Cambridgeshire are privately-owned.

Perpetrators use financial and legal systems as tools to facilitate their abuse. SEA are working with agencies such as **banks, building societies, mortgage brokers, estate agents and legal professionals** to make them aware of this issue and encourage them to raise awareness of economic abuse and review policies/practice to close down opportunities for abuse.

"Economic abuse is my past, present and future."



It is important to challenge our idea of who a 'traditional' housing professional is and the role they can play in supporting people experiencing domestic abuse. Support from stakeholders we have not traditionally engaged with is crucial to reduce repossession, prevent economic abuse from being used during the sale, remortgaging or purchase of a property and alleviate the financial strains caused by economic abuse.

Economic security underpins physical safety and it is important that survivors can remain on the property ladder.

Too often we hear from women that the abuser interfered with their mortgage, in the worst cases leading to repossession. In others, the abuser may have run up so much debt in their partner's name that their credit rating is ruined making it difficult to apply for a mortgage and move on.

What can professionals do?

- Understand that this form of abuse may persist for many years following separation and often intensifies after a survivor has left the abuser.
- Know how to support a survivor to regain economic security and understand how this underpins physical safety; the two are interlinked. Access specialist training from organisations such as SEA to aid understanding,
- Refer survivors for debt advice, such as the specialist [Domestic and Economic Abuse Project \(DEAP\)](#) run in partnership between SEA and Money Advice Plus.
- Try to develop relationships with local debt and money advice services to ensure that they incorporate safety into their work. Look out for SEA's forthcoming report (March 2020) about how to do this.
- Visit [SEA's website](#) for information and resources that survivors can use when liaising with mortgage providers and other agencies.
- Support survivors to access legal advice including conveyancing (property law). Can your service make links with local firms for pro bono support?

Please contact stephanie.orr@survivingeconomicabuse.org for more information.

www.survivingeconomicabuse.org

New Shine Course in East City

Shine is a course for women that increases resilience, well-being and self-esteem. In the past year Shine has been delivered to over 100 women through the courses run from The C3 Centre and also those run specifically for Women's Aid and in-patients at Fulbourn Hospital. One delegate from Women's Aid said 'Shine is the best emotionally empowering programme I have ever been on as a woman with a difficult past.'

Shine has been successful in obtaining funding to offer a course for the women in the East ward of the city, specifically: Romsey, Petersfield, Coleridge and Abbey. The course is free and childcare and refreshments are provided.

Where: Barnwell Baptist Church

When: Tuesdays - 1st, 8th, 15th and 29th October 2019

Time: 12.45pm- 2.45pm

Please contact shine@thec3.uk to book a place, giving the full name and postcode with specific area of the ward. We will also need ages and gender of any children needing childcare. The course comes as a whole – it is not possible to attend only one or two sessions

Innovate and Cultivate Fund

Cambridgeshire County Council is pleased to announce that the next deadline for Innovate & Cultivate Fund applications is 1st November. A pre-application advice session will be held on 19th September (details below).

The aim of the fund is to support initiatives that strengthen our communities and reduce pressure on County Council services, thereby giving a return on investment. Council services that are inviting applications are adult social care and children & families services.

The fund is open to voluntary, community and social enterprise sector organisations based in and outside of Cambridgeshire, and public sector organisations in Cambridgeshire.

There are two funding streams: a 'Cultivate' fund for smaller projects that build community support networks and an 'Innovate' fund for bigger, bolder and more innovative initiatives.

New Cultivate 'Seed' Fund Projects

We've developed guidance on starting Cultivate Seed Fund Projects that can help people to remain independent and active within their community, encourage volunteering and complement more costly Council services. Projects include **Timebanks, Good Neighbour Schemes, Dementia-Friendly Communities and Men's Sheds**. See our [webpages](#) for details.

Quarterly application deadlines

1st November 2019 – Cultivate grants only (£2,000 - £19,000)

1st February 2020 - Cultivate grants (£2,000 - £19,000) and Innovate grants (£19,001 - £50,000)

1st May 2020 – Cultivate grants only (£2,000 - £19,000)

Pre-application advice session

Do you want to talk through your ideas before you submit your application? Bookings are now open for our Innovate & Cultivate Fund Advice Session on **Thursday 19 September, 9:30am-12:30pm at Ely Community Centre (also known as Larkfield Day Centre)**. Please [book here](#).

Applications and further information about fund priorities and criteria may be found on the [website](#). Cambridgeshire Community Foundation can answer questions about applying for the Fund info@cambscf.org.uk.

Having Difficult Conversations with Children, Adults at Risk and their Families to Safeguard them

The aim of this training is to improve participants' confidence with having difficult conversations with service users by reviewing core communication skills, discussing obstacles to clear, open communication and ways to overcome them, and providing an opportunity to exchange different perspectives, tools, and models regarding difficult conversations in a multi-agency setting.

By the end of this training, participants will be able to:

- ☐ Describe good core communication skills, including active listening, questioning, and non-verbal communication skills.
- ☐ Explain why it is important to be confident and able to ask difficult questions. Difficult questions may include asking about: safeguarding concerns, seeking consent, making referrals, personal experiences of service users and other sensitive topics.
- ☐ Discuss tools and models designed to facilitate difficult conversations and have the confidence to use them when working with children, adults at risk, and their families.
- ☐ Apply the skills and techniques practiced on the course to their professional role working with children, young people and adults at risk.

Target Audience

This is a **basic** level training course for those front line staff who may work with children, young adults, or adults at risk (Groups 1 and 2). Agencies are encouraged to attend from both the voluntary and statutory sectors.

Please note this training is not a replacement for single agency training already provided within some organisations

To book visit <http://www.safeguardingpeterborough.org.uk/children-board/professionals/training/>

New DHIVERSE Training

Sex and Consent : 24th September in Cambridge, 21st November in Huntingdon

You will develop an understanding of what consent means and the legal framework for establishing consent. You will also understand some of the practicalities of giving and withholding consent and the relationship of pleasure to consent. You will also explore the pyramid of violence and develop strategies to challenge this pyramid.

Open Trainings Charges	Charge for professionals and individuals outside of Cambridgeshire £55 per person	Charge for professionals and individuals inside of Cambridgeshire £10 per person
Half day training with refreshments		
Full day training with lunch	£95 per person	£20 per person

If you would like more information or to book on to any of our open trainings please contact us at enquiries@dhiverse.org.uk or on **01223 508805** or visit our website at www.dhiverse.org.uk

Free training – relationships support for people with a learning disability

'ABC' is the relationships and sexual wellbeing programme from DHIVERSE for anyone with a learning difficulty or autism. The 'Understanding ABC' workshop is for people who support people with a learning difficulty or autism and gives participants the confidence and strategies needed to better them with their relationships and sexual wellbeing. You will find out how the ABC Programme makes information accessible through bespoke resources to enable participants to make informed choices about their relationships. You will also gain a better understanding of what is meant by having capacity to consent.

PLEASE NOTE THAT THERE IS NO CHARGE FOR THIS WORKSHOP IF YOU LIVE OR WORK IN CAMBRIDGESHIRE OR PETERBOROUGH

If you would like more information or to book on to any of our open trainings please contact us at enquiries@dhiverse.org.uk or on **01223 508805** or visit our website at <https://www.dhiverse.org.uk/our-services/training-for-professionals/>

New BAME Domestic Abuse information leaflets

The Home Office has published a new leaflet, aimed specifically at women in black and minority ethnic communities, that covers advice on three steps to escaping violence and abuse. The leaflets are available to download from the link below in Arabic, Bengali, Farsi, French, Gujarati, Hindi, Pashtu, Punjabi, Somali, Turkish and Urdu.

<https://www.gov.uk/government/publications/three-steps-to-escaping-domestic-violence?fbclid=IwAR15BLASfa6uqdwKIC1OOaFjOu3kh79PkNYnsEXk6V-CQhAXI0HBF2PfRTw>

Free legal advice phone line for women who have experienced sexual harassment at work

Women who call the line will be able to get specialist legal advice on issues including:

- What behaviour constitutes sexual harassment
- How to bring a grievance against an employer
- How to make a claim in an employment tribunal
- How to address settlement agreements and non-disclosure agreements (NDAs)

The legal advice is provided by Rights of Women - a charity which works to help women through the law.

The scheme is backed by the Time's Up UK Justice and Equality Fund, and managed by Rosa - the UK Fund for Women and Girls.

Call: 020 7490 0152

Opening hours: Mondays 6pm – 8pm and Tuesdays 5pm – 7pm

****More opening times coming soon****

New leaflet for people with learning disabilities

The Elms Sexual Assault Referral Centre has developed a new leaflet to support people with learning difficulties and learning disabilities to access their service. The leaflet explains what will happen when they visit the SARC and is being sent out with this newsletter.

More information about The Elms is available on their website <https://www.theelmssarc.org/>

National Domestic Violence Helpline hopes to expand

Refuge has been awarded more than £1.2 million to run the National Domestic Violence Helpline, a free service which provides confidential information and expert support to people affected by domestic abuse. The service is free to call on 0808 2000 247. It is staffed 24 hours a day, every day of the year, by a dedicated team of experts. As well as getting support, staff can help victims access refuge accommodation and other specialist services.

Refuge has also secured additional funding to develop new digital and mobile resources to support even more victims. This includes increasing capacity to answer more live calls, developing webchat services and publishing information on social media channels to widen the availability of the helpline service.

The government has committed more than £1 million a year up to 2022 to help fund 6 other helplines. These include support woman and girls who are experience violence, men experiencing violence and specialist support for other victims. These are:

- The National Lesbian, Gay, Bisexual and Trans (LGBT) Domestic Violence Helpline, run by Galop – 0800 999 5428
- The National Stalking Helpline, run by The Suzy Lamplugh Trust – 0808 802 0300
- The Men's Advice Line, run by Respect – 0808 801 0327
- Respect Phoneline for perpetrators of Domestic Abuse, run by Respect – 0808 802 4040
- Honour Based Abuse Helpline, run by Karma Nirvana – 0800 5999 247
- The Revenge Porn Helpline, run by South West Grid for Learning Trust – 0845 6000 459




The Dina Service

The Dina Service is a specialist support service run by Jewish Women's Aid for Jewish women and girls aged 16 and over who have experienced sexual violence

We offer a free service to women who have experienced sexual abuse including rape, sexual assault and sexual harassment whenever it happened in their lifetime and whoever it was perpetrated by - be it a partner, colleague, acquaintance, family member, stranger or community member.

It is also open to professionals and others to make a referral into the service.

 The **Dina Support Line** is a support and information helpline, where survivors, professionals or supportive friends and family can find out information about the options, rights and services available to survivors. It is open Monday 10am-12pm & 1pm-3pm, Tuesday 1pm-3pm, and Thursday 10am-12pm & 1pm-3pm on 0808 801 0656. If the line is busy or you cannot call during these times you can leave a message and we will call you back.

 The **Dina Independent Sexual Violence Advocate (ISVA)** offers support for women and girls who are either considering or are going through the Criminal Justice System. Our ISVA will offer you support and information around reporting to the Police, liaising with professionals during the investigation, and any court cases or post-trial support. There is no pressure to report to the Police, this is an independent service offering information and support.