Domestic Abuse & Sexual Violence Newsletter

A monthly newsletter brought to you by the
Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

October 2026

Welcome to the October Newsletter

The nights are drawing in, and we are now starting to look towards White Ribbon Day and the following 16 days of action for the elimination of violence against women and girls. The newsletter contains details of the flag raising in Peterborough and also a series of webinars that are planned. If you have any events planned, please do let us know.

As ever there is so much going on. We hope you find this newsletter informative and useful and encourage you to share relevant updates across your networks.

Best Wishes

Julia & Vickie

Julia Cullum, DASV Head of Service – Cambridgeshire

Vickie Crompton, DASV Manager - Peterborough

Local support service contact details

Cambridgeshire IDVA service:
Telephone: 01480 376200
Email: idva.referrals@cambridgeshire.gov.uk
Monday – Friday 09.00 – 17.00 (16.30 on Fridays)

Peterborough IDVA service:
Telephone: 07983345580
Email: peterboroughidvas@peterborough.gov.uk
Monday – Friday 09.00 – 17.00 (16.30 on Fridays)

Cambridge & Peterborough Rape Crisis Helpline:
Telephone: 01223 245888
Wednesday 19.00 – 21.30 & Sunday 10.00 – 12.30

Cambridgeshire domestic abuse outreach support - DASS:
Telephone: 0300 3731073 Monday – Friday 09.00 – 17.00
Petearborough domestic abuse outreach support – Peterborough Women's Aid The Peacock Project:
Telephone 01733 894964 Monday – Friday 09.00 – 16.30 (16.00 on Fridays)

Cambridgeshire Victim Services (Victim & Witness Hub):
Support Directory: Victim Services | Cambridgeshire & Peterborough
Telephone: 0800 781 6818
Email: victimandwitnesshub@cambs.police.uk

16 Days of Action

Please see the information and links to book for the online sessions we are facilitating during 16 Days of Action this year.

Getting To Know The Gypsy, Roma, Traveller Community
26th November 14.00 – 15.30
Janie Codona
Getting to know the Gypsy, Roma, Traveller Community

Employers Initiative on Domestic Abuse
30th November 12.30 – 13.30
Susan Bright & Sharon Livermore
Employers Initiative on Domestic Abuse

Honour Based Abuse
1st December 10.00 – 12.00
Peterborough Women's Aid
Please email Mandy Geraghty for more details and to book a place
amanda.geraghty@wa-support.co.uk

Active Bystander Training
2nd December 13.00 - 14.00
Dawn Helps
Active Bystander Training

Beyond the Headlines: A Family's Journey Through Coercive Control, Domestic Homicide and System Learning
7th December 13.30 – 15.00
Claire Thatcher
Beyond the Headlines: A Family's Journey Through Coercive Control, Domestic Homicide and System Learning

Supporting Older Survivors of Sexual Violence
8th December 12.00 – 13.00
Amanda Warburton
Supporting Older Survivors Of Sexual Violence

Learning from DHRs
9th December 13.00 – 14.00
Sarah Fines
Learning From DHRs

Cambridgeshire IDVA Service

New Duty IDVA Hours

From the 1st of November 2026, for a 3-month trial period, there will be a few minor changes to how the Cambridgeshire Duty IDVA team operate.

There will be a duty IDVA available for advice as normal on 01480 376200

Monday - Thursday 09.00 - 17.00 and Friday 09.00 - 16.30

Emails enquires and referrals will be responded to on:

Mondays & Wednesdays 09.00 – 17.00 and Fridays 09.00 – 16.30.

If you have any questions about the change to the working pattern, please email:

idva.referrals@cambridgeshire.gov.uk

Domestic Abuse Related Death Reviews (DARDRs)

Please access the links below for summaries of recently published DARDRs

Harry: Domestic Abuse Related Death Reviews | Peterborough City Council

Diya: Domestic Abuse Related Death Reviews - Cambridge City Council

Supporting Those Who Are Working and Seeking Safe Accommodation

Being employed, self-employed, or having capital/assets does not necessarily mean someone can safely access or afford accommodation when fleeing domestic abuse.

Professionals should assess actual access to money, safety risks and economic abuse, to provide clients with support and resources to make informed decisions.

Access the link below for guidance on supporting clients who are working and seeking safe accommodation options

Cambridgeshire County Council DASV Partnership - Useful Information & Downloads for Professionals

Parenting with an Abusive Ex-Partner – Training for Professionals in Cambridgeshire

Cambridgeshire dates have now been added for our 'Parenting with an Abusive Ex-Partner' training for professionals.
These sessions are designed specifically for practitioners who support families experiencing ongoing abuse after separation following the release of the resource Guidance for how to parent with an abusive ex-partner and Professionals Guidance for how to parent with an abusive ex-partner.
Participants will explore how coercive and controlling behaviour can continue after a relationship has ended, the impact this has on parenting, and the implications for the safety and wellbeing of children.
The training will equip professionals with practical tools to identify risk, provide effective support, and work confidently alongside the protective parent.
Through lived-experience insights, discussion, and interactive activities, this course will strengthen your practice and enhance your ability to support families affected by domestic abuse.

Training Dates
South Cambridgeshire
Monday 30th November
10:00 -12:30
Sackville House
Fenland
Wednesday 20th January
10:30 -13:00
Chatteris Library
Cambridge City
Monday 25th January
10:00 -12:30
The Fields, 9 Galfrid Road, CB5 8ND
East Cambridgeshire
Friday 29th January
10:00 -12:30
Ely Library
Huntingdonshire
Wednesday 10th February
10:00 -12:30
Stanton House
Peterborough Dates:
Tuesday 15th December
9:30am-12:30pm
Sand Martin House
Thursday 28th January
9:30am-12:30pm
Sand Martin House

Free of charge
To Book please email lydia.mack@peterborough.gov.uk

Prisoner Early Release Scheme

Local offers of support for victims impacted by the early release scheme

In our county the Victim and Witness Hub has agreed to co-ordinate offers of support for victims and provide this support in-house where specialist services do not have capacity. The team is linking with Probation and Constabulary colleagues to ensure all victims are offered a trauma-informed pathway of local emotional and practical support, information and safety planning. Victims will be signposted to the Hub who will, wherever possible, enable them to access support from someone they already know and trust, reducing the need to repeat their experiences. Where this was a specialist worker for example an IDVA, Hub staff will contact the worker to ensure they have capacity to provide the continued support before offering this service to the victim. If the worker is unable to offer support, or has left their role, the Hub staff will offer to provide this support themselves.

The OPCC has put in place two additional offers of support for victims of all crime types affected by the early release scheme which can be accessed through the Victim and Witness Hub:

- **Property Target Hardening –** victims reporting personal safety concerns will be offered practical support enabling them to feel safer in their own home through the Bobby Scheme. This local service will be tailored to the needs of the victim and their family following a home security assessment. Their toolkit could include the provision and installation of Ring doorbells, gate or window locks and chimes.
- **Enhanced emotional support for victims/and/or their families** – in a pilot programme run in partnership with Peterborough Rape Crisis additional capacity has been created for victims to access their SENSE Programme. This aims to help victims understand and manage the impact of trauma, strengthen coping strategies and build resilience. It is delivered 1-1 by specialist staff - in person or online to meet individual needs

How to access the enhanced support offers if a victim is not being supported by the Victim and Witness Hub

Local services who are supporting victims impacted by the early release scheme are asked to contact the Victim and Witness Hub (via email or phone) if they wish to refer a victim to either of the enhanced packages of support. It is hoped these additional services would only be offered following a tailored assessment of need to ensure the victims most in need can access them.

Flexible funding pot to enable specialist providers to support eligible victims

The OPCC has created a small fund to build capacity within county-based specialist services to enable eligible victims to have a choice in who supports them. This can only be awarded to services unable to access the additional funding from the Community Services Support Fund being run by Women's Aid Federation of England (WAFE). Please reach out to Lynsey Dorrington in the OPCC to discuss any requests.

The Cambridgeshire and Peterborough Victim Services website has been updated with information for victims of crime impacted by the early release scheme – this also has contact details for the Victim and Witness Hub and all local service provision.

Women's Aid

Women's Aid have published 'Nowhere to Turn 2026: Findings from the tenth year of the No Woman Turned Away Project. This is the latest edition of their yearly report exploring findings from Women's Aid's No Woman Turned Away (NWTA) project, which exists to provide dedicated support to survivors who do not have a straightforward pathway to finding a safe place to live – for instance they have insecure immigration status or no recourse to public funds (NRPF), have mental health support needs or a history of offending.

This year marks the 10th anniversary of NWTA, with the project having supported more than 2,600 women during its first decade.

Nowhere to Turn 2026 brings into sharp focus the importance of funding refuge services that can meet survivors' diverse support needs and explores the multitude of barriers they face to accessing safe accommodation. The report makes evidence-based recommendations for key stakeholders to address these barriers.

Key Findings of the report include:

There is significant shortage of refuge spaces that are equipped to meet survivors' support needs – there is an urgent need to fund these.

- Women referred to NWTA face multiple barriers to support, with over half (53.9%) having NRPF, and others having metal health (31.9%) or substance use (21.7%) support needs.
- Four in 10 survivors (40.2%) reported experiencing further abuse from perpetrators while waiting for refuge, an increase of 16.2% from 2024
- Over a third of survivors (37.8%) spent time in unsuitable accommodation such as emergency accommodation in hotels or hostels while waiting for refuge
- 13.4% were scared to go outside

Statutory services often failed to meet their legal duty to support survivors.

- Most (92.2%) of the 103 recorded instances of services failing to provide support related to statutory services
- Over half (50.5%) of the statutory failures were tied to Local Authority (LA) safeguarding teams, with a further third (33%) attributed to LA Housing teams
- Children's services accounted for 86.5% of the failures to provide appropriate support that were attributed to LA safeguarding, with 69.2% of reports being a failure to provide housing
- A key role of the NWTA project is to challenge statutory services to ensure they meet their legal duties to survivors, sometimes with the support of solicitors

Survivors were safer following NWTA support

- At the end of support, 69.7% of women had a t least one positive outcome from their support and 58.3% of women had more than one positive outcome
- Almost half (47.6%) of women had a new housing outcome at the end of their support
- Following NWTA support, 59.8% of survivors said their own safety had been improved

Women's Aid is calling for:

- Commissioning, housing teams and children's services to receive training developed and delivered by specialist domestic abuse organisations.
- HM Treasury to introduce dedicated funding for specialist domestic abuse services which support children and young people.
- Ringfenced funding for specialist domestic abuse services led 'by and for' Black and minoritised women, d/Deaf and disabled women and LGBT+ victims and survivors.
- The Home Office to ensure survivors of domestic abuse are never subject to the no recourse to public funds (NRPF) condition.

You can read the full Nowhere to Turn 2026 report and Executive Summary here

Loving Me Refuge

Trans+ Survivors' Experiences of Domestic Abuse
Loving Me, who operate the UK's first domestic abuse refuge by & for the trans & non-binary community in the UK, have published research into their pioneering work with trans+ survivors. Key themes include the prevalence of familial abuse & identity based abuse – a type of abuse not formally recognised in the UK.
It also shows how, contrary to widespread media demonisation of trans+ people, 98.2% of perpetrators against trans+ people were cisgender.
Cast Out: Trans+ Survivors' Experiences of Domestic Abuse

Domestic abusers to be marked and tracked in boost to victims' safety

Victims and survivors of domestic abuse will be better protected as new measures came into force on 5th October 2026, which require courts to make a formal record when domestic abuse was a factor in offending Read more

SafeLives

Evaluating local responses to children and young people
This SafeLives report explores how local services are responding to children and young people experiencing domestic abuse and using harmful behaviours.
Drawing on the experiences of victim-survivors and professionals across England and Wales, the report highlights the importance of recognising children as victims in their own right, strengthening multi-agency working and improving access to specialist support.
Evaluating local responses to children & young people | SafeLives - SafeLives

Children are victims of domestic abuse in their own right
SafeLives responded to the Department for Education's consultation on 'Improving help and child protection: revised framework', calling for children affected by domestic abuse to be recognised and supported as victims in their own right.
Their response highlights the need for specialist domestic abuse expertise, stronger links between children's services and specialist organisations, a whole-family approach and meaningful involvement of lived experience.
Rethinking Domestic Abuse in Child Protection: responding differently | Research in Practice

Imkaan report: Right to Resist
SafeLives are proud to support Imkaan's new report, highlighting the vital role of specialist 'by and for' organisations supporting Black and minoritised women and girls experiencing violence and abuse.
The report calls for more sustainable and equitable funding, with 12 guiding principles for effective commissioning.
Right to Resist — Funding the 'by and for' VAWG Sector | Imkaan — Imkaan

What to expect when reporting Sexual Violence to the Police – Short film aimed at people with a learning disability

This animation is aimed at people with learning disabilities and/or autistic or neurodivergent people who have experienced sexual violence. It explains what happens when you report sexual violence to the police. The animation is co-designed with victim-survivors with learning disabilities and/ or autistic or neurodivergent victim-survivors.

What to expect when you report sexual violence to the police

Domestic Mercy Killings in England and Wales 2007–2024

A new research paper presents the findings from a study of ‘mercy’ killings in England and Wales. Although ‘mercy’ killings are not legally defined, the term is widely used to describe an intentional killing which is legally murder, but which is carried out for compassionate motivations, often by a family member or friend of the victim. Most cases involve older people. It’s important to note that there is no formal legal defence of ‘mercy’ killing: the killing of someone, regardless of the motivation, is a criminal offence.

Drawing on 41 familial homicide cases classified as ‘mercy’ killings the researchers found:

- Most victims were older women killed by male intimate partners and many cases involved dementia or age-related illness.
- Two distinct patterns; a small minority involved evidence that victims had expressed a wish to die, but the majority lacked evidence of victim consent
- The killings frequently involved violent methods, homicide-suicide, and gendered caregiving dynamics
- Perceptions that while ‘mercy’ killing is technically murder, it is not necessarily treated as such by the courts - the defendant's story that they were acting out of ‘mercy’ is often unquestioningly accepted by the criminal justice system, even though there are often signs this is not so.
- Barely concealed ableism in many cases around the victim having a diagnosis of Alzheimer's/dementia.
- A worrying pattern of men killing their partners, where the husband has taken on some care responsibilities.

This paper shows a worrying picture with links to issues around caring, health, mental capacity and the ongoing assisted dying debate. The researchers call for a critical review of how the term ‘mercy killing’ is currently deployed and for these killings to be seen through a feminist lens and recognised as domestic homicides – and femicides – before any alternative narratives are considered.

https://journals.sagepub.com/doi/10.1177/00220183261475814

Cambridgeshire

Cambridge City Council - Statement of Sex Establishment Licensing Policy Consultation
The Council is undertaking a review of its policy governing the licensing of Sex Establishment Venues, which outlines how licensing functions will be administered. The policy also sets out the conditions that may be applied to licences.
As part of the review and consultation, additional conditions have been proposed for Sexual Entertainment Venues. These include dedicated performer changing areas, a ban on customer photography and filming, retention of Right to Work records, annual safeguarding training for workers, access to support information for performers, visibility of private booths for monitoring purposes, and secure management of CCTV footage.
These are designed to promote performer welfare, improve safeguarding measures, and enhance standards of venue management.

The consultation is open for comments until 13 December 2026.
Proposed document is available at: https://engage.cambridge.gov.uk/en-GB/projects/statement-of-sex-establishment-licensing-policy

Cambridgeshire Home Improvement Agency (HIA) Grants
Cambridgeshire Home Improvement Agency (HIA) is a strategic partnership between Cambridge City Council, Huntingdonshire District Council and South Cambridgeshire District Council. Grants are available for safety and security improvements. These are means tested and HIA work on all non-council properties. Grants up to £15,000.
Website & Social media: https://www.linktr.ee/cambshia

Peterborough City Council (PCC)

Across Peterborough **'Recognise Him'** has been launched to coincide with the White Ribbon theme this year **'It Takes All of Us'.** This reminds us that creating change starts with everyday actions and speaking up when something isn't right.
They are looking for nominations of men from workplaces, sports clubs, community groups and local organisations who are showing allyship with women and girls against sexism and violence against women and girls.
Please see the posters for more details and how to nominate.



White Ribbon Flag Raising

PCC White Ribbon flag raising event will start at 11.30 on 25th November outside the Town Hall concluding at approximately midday.



Inspired to Own My Life

The dates for the pilot for an exciting new course for young women who have experienced abuse from a current or ex-boyfriend have been changed to January 2027.
This is a new adaption specifically for young women based on the current Own My Life material Own My Life domestic abuse an evidence-based programme aimed at supporting female victim/survivors of an abusive partner.
The course will be run over 12 weeks with 2-hour sessions. Refreshments and crafts will be available during each session.

For further information and a referral form please email idva.referrals@cambridgeshire.gov.uk – 'for attention of young person's IDVA'



Turtle Dove Cambridge

Please see the poster for the upcoming Escape the Trap programme, starting on Tuesday 27 October 6-9pm at Orchard Park Community Centre.
Escape the Trap is an 8-week programme for young women aged 14+, designed to help them recognise the early warning signs of unhealthy, abusive and controlling relationships.
This will be followed by boxing sessions led by a Mental Health Exercise Coach helping participants to find tools to help with nervous system regulation, stress relief and mental health management.
Through a supportive and interactive approach, the programme explores topics including healthy relationships, consent, coercive control, recognising red flags and developing the confidence and skills to identify and respond to potentially harmful situations.
The programme aims to empower young women with the knowledge and tools to build healthy relationships, recognise their own boundaries and make informed choices.
If you would like to make a referral, find out more or discuss whether the programme would be suitable for a young woman you are supporting, please get in touch at **hello@turtledovecambridge.com**.



For Baby's Sake

Domestic Abuse in pregnancy

Lauren Seager-Smith, the chief executive of For Baby's Sake, stresses "pregnancy does not cause abuse", but explains: "It can be a context in which we see an increased use of abusive behaviours … This could include increased monitoring, isolation from family, friends and colleagues, financial control, coercion around healthcare or reproductive rights, physical, emotional and sexual abuse, and even jealousy and resentment towards the developing baby."

Press release: An estimated 20,000 disclosures of domestic abuse are made to maternity services in England every year - For Baby's Sake

Bystander Response to Spiking Incidents

Kirsty Barron from Anglia Ruskin University is conducting research exploring the influences, behaviours, and impacts of bystanders who witness or respond to spiking incidents.
To find out more about the research and take part please visit:
Bystander Responses to Spiking Incidents - Online Surveys | Online surveys
If you have any questions, please email: krb137@pgr.aru.ac.uk

Catharsis - The competition for domestic abuse survivors

Survivors of domestic abuse are invited to express their journey through poetry, art or photography. This is a safe, supportive space to transform pain into power and healing through creativity.



Coproduction Forums

Claire Thatcher is facilitating 3 coproduction forums across Cambridgeshire in November. These forums provide a safe, supportive and collaborative space for women to share their lived experience and shape services and systems together.





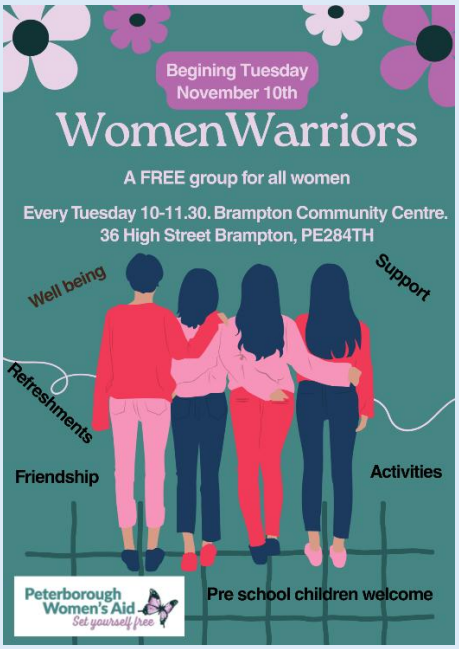


Peterborough Women's Aid (PWA)

Dahlia Project Training Workshops – Please contact Mandy Geraghty to book a place



New Women Warriors in Huntingdon



The Own My Life 12-week programme has been delayed until 7th January 2027





For more information on the services they provide please visit their website: [Peterborough Women's Aid]

Cambridge Women's Aid (CWA)

Cambridge Women's Aid Outreach Service supports women experiencing domestic abuse across Cambridge City, South Cambridgeshire and East Cambridgeshire. We offer one-to-one emotional and practical support and advice, groups, and legal advice sessions. Women can self-refer by phone, email or live chat. www.cambridgewa.org.uk

What's Happening at Cambridge Women's Aid?

They have some wonderful opportunities to learn, connect and make a difference! Whether you'd like to build your confidence in supporting survivors, help create safer communities or simply enjoy some time gardening with other women, they would love you to get involved.

Domestic Abuse Awareness & Effective Responses

Could you recognise the signs of domestic abuse? Would you know what to say if someone opened up to you?

Join their free, friendly, interactive 4-hour workshop to explore the realities of domestic abuse, understand the challenges survivors face and learn how to respond with confidence, compassion and without judgement.

No specialist knowledge is needed, just a willingness to learn and make a difference!

Click here to find out more, see upcoming dates and sign up!

Community Power – Together We Can Make a Difference!

Small actions can create big changes!

Their free, interactive 3-hour workshop explores the power we all have to make our communities safer and more supportive for survivors of domestic abuse.

Together, you'll challenge harmful attitudes, explore the barriers survivors face and discover practical ways to make a positive difference in our communities.

Discover Community Power here!

The Lotus Garden – Grow, Connect & Flourish!

Fancy getting your hands in the soil, learning something new and enjoying some lovely company?

The Lotus Garden is a welcoming gardening project delivered in partnership with Cultivating Change, bringing survivors together to enjoy nature, learn gardening skills and build connections in a relaxed, supportive environment.

From planting seeds to taking cuttings and caring for beautiful plants, it's an opportunity to slow down, get creative and enjoy some time for yourself.

Interested in joining? Email outreach@cambridgewa.org.uk for more information.

Find out more about The Lotus Garden

Living Keys

Winter Swap Shop
Friday 6th November 2026
12.00 - 15.00
The George Alcock Centre
Whittlesey Road
Peterborough
PE2 8QS
Refresh your winter wardrobe, find a new favourite and give good things a second life!
Have you got winter clothes, toys or books that are still in great condition but no longer loved or needed? Bring them along to our Winter Swap Shop and swap them for something new to you!
What can you bring?

- Women's winter clothing
- Children's clothing
- Toys
- Books
- No electrical items

Please bring items that are clean, complete and in good, usable condition - things you'd be happy to give to a friend.

Entry fee £6 which includes a light buffet lunch, and you can swap your items for as many items as you wish.
This is a women-only event (children welcome).
To book a ticket click here

The next **Parenting After Domestic Abuse Course** is starting on 13th November there are a couple of spaces left – if anyone is interested please contact us on Admin@livingkeys.co.uk.

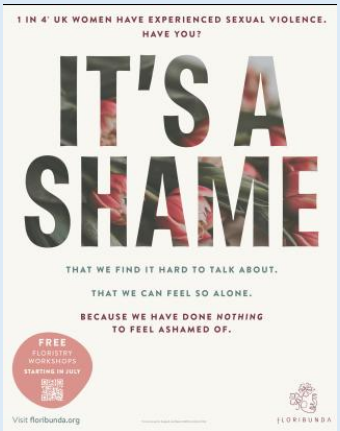
The Angels Foundation UK

For more information on the support they offer please visit their website:
The Angels Foundation UK

The Meadows Children & Family Wing

For information on the support they offer please visit their website:
The Meadows Children & Family Wing | Providing a fun, safe and stimulating environment.

Floribunda



Floribunda offers FREE floristry and well-being workshops to women.
This service has been designed to bridge the gap that can exist when formal support ends, but a woman still wants connection, community, and opportunities for continued healing. The service is intended for women who are not in crisis and who are looking for support as they move forward in their recovery.
Access is through self-referral only, empowering women to seek support when they feel ready.
While Floribunda may be relevant for women accessing your services, it may also be a valuable resource for colleagues within your own organisation as part of a trauma-informed approach to staff wellbeing and support.
Any questions please contact mia@floribunda.org

Job Opportunities

Safeguarding Adults Board Business Manager
Closing date 16th November 2026
For further information and to apply, please visit:
Cambridgeshire and Peterborough Safeguarding Adults Board Business Manager | 16 November, 2026 | Jobs and careers with Cambridgeshire County Council

Peterborough Women's Aid
Peterborough Women's Aid is looking for a compassionate and dedicated Specialist Advice Line Worker to join their team supporting women affected by domestic abuse. If you're passionate about empowering women, providing specialist support, and helping survivors take steps towards safety and independence, they would love to hear from you.
Closing date Monday 16th November.
For more information and to apply please access the link below:
Specialist Domestic Abuse Advice Line Worker PWA

Learning Opportunities

Empowera
In support of this year's 16 Days of Activism Against Gender Based Violence (VAWG), Empowera have launched a series of free webinars to spread awareness on Post Separation Abuse and Coercive Control.
Whether you are a survivor, a solo parent, a frontline worker, or simply looking to deepen your understanding, these webinars offer valuable insights.

What is Coercive Control?
How does it develop over time, the tactics used to dominate and manipulate, and the lasting impact it can have on those experiencing it.
Friday 4th December 2026
12:00 - 12:45
Online via Zoom
Click here to reserve your FREE space

What is Post Separation Abuse?
Exploration of the tactics, impacts, and support pathways for those affected, as well as what friends, professionals, and communities can do to help.

Friday 4th December 2026
10:00 - 10:45
Online via Zoom
Click here to reserve your FREE space
Thursday 10th December 2026
10:00 - 10:45
Online via Zoom
Click here to reserve your FREE space

Together, these webinars explore how to recognise the warning signs, respond safely, and access appropriate support. Please feel free to share with your colleagues, friends and networks to boost awareness.

PEGS

Click the links below to book an hour session, delivered by PEGS, on Child to Parent Abuse Awareness

Thursday 17th December
10.00 – 11.00
PEGS - Child To Parent Abuse Awareness Session Thursday 17th December

Wednesday 6th January 2027
16.00 – 17.00
PEGS - Child To Parent Abuse Awareness Session Wednesday 6th January 2027

Tuesday 2nd February 2027
12.00 – 13.00
PEGS - Child To Parent Abuse Awareness Session Tuesday 2nd February 2027

Monday 15th March 2027
10.00 – 11.00
PEGS - Child To Parent Abuse Awareness Session Monday 15th March 2027

Making Research Count

The Hidden Danger: Non-Fatal Strangulation, Domestic Abuse, and Pathways to Suicide
25th November 2026
11.00 -12.30

To book places, please email: mrc@beds.ac.uk.

Somerset & Avon Rape and Sexual Abuse Support (SARSAS)

Trauma and Self-Care Digital Programme
Free multimedia digital course
Created by the Bristol-based Somerset & Avon Rape and Sexual Abuse Support team, this online programme is built directly from their survivor self-help guides. It features pre-recorded webinar guidance, videos explaining "trauma and the brain," and practical, creative tools for grounding and relaxation when experiencing panic or flashbacks.
Open to anyone across England at the SARSAS Trauma & Self-Care Space