



Domestic Abuse & Sexual Violence Newsletter
A monthly newsletter brought to you by the
Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

December 2016

Dear Partners

As most of us look forward to celebrating the festive season, we are sadly anticipating the usual increase in domestic abuse incidents which makes it an unhappy and terrifying time for some people. I have been on BBC Radio Cambridgeshire this month talking about interventions aimed at perpetrators and one of the providers in Cambridgeshire, Ormiston, has news of a new programme on page 6 of this newsletter. You can 'listen again' to my interview at <http://www.bbc.co.uk/programmes/p04h5mh7> - listen from 2.08.

Our colleagues at Cambridgeshire Constabulary are also raising awareness of escalating domestic abuse over Christmas with their campaign focusing on the children who witness, and are also sometimes a victim, of this abuse.

There is increasing evidence that bystanders can play a significant role in helping victims of domestic abuse so we would like to ask; if you have a friend or family member who you think is experiencing abuse, try to find a safe way to offer support. There are many ways you can do this depending on the situation so please visit our website for suggestions and advice http://www.cambsdasv.org.uk/website/for_friends_and_family/84043

I hope you enjoy the newsletter and remember that you can submit articles to Amanda.warburton@cambridgeshire.gov.uk

Simon Kerss

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Training update

A Joint training offer for Cambridgeshire and Peterborough has now been developed – Please see our website for details of levels and training available

http://www.cambsdasv.org.uk/website/training_1/86050

Next available courses

- ❖ Domestic Abuse Risk Assessment – 22nd January 2017
- ❖ Introduction to Domestic Abuse 8/9 February 2017
<http://www.cambridgeshire.gov.uk/learntogether/social>
- ❖ Introduction to the effects of Domestic Abuse (Peterborough) 21st April 2017
<http://www.safeguardingpeterborough.org.uk/children-board/professionals/training/>

The [Safeguarding Adults Domestic Abuse course](#) has been increased to 1.5 days from December. Attendees need to have completed the half day training on Making Safeguarding Personal before they attend.

Evoke Resilience

Evoke Resilience is a new private therapy service in Cambridgeshire which has been developed by Jill Yarrow who has experience in working with victims of domestic abuse. Jill offers bespoke training and therapies using a range of integrative mind techniques and change technologies such as Neuro-Linguistic Programming (NLP); Thought Field Therapy (TFT); Time Line Therapy; Motivational Mapping; Clinical Hypnosis; Cognitive Behavioural Therapy and Mindfulness/Meditation.

The training programs are available to individuals, teams and managers and more details can be found at www.evokeresilience.co.uk

Survivor Survey

As part of the work around developing VAWG services and bids for funding, we are capturing the needs and experiences of survivors via a Survivor Survey. The survey is confidential and answers cannot be traced back to respondents.

We would be grateful if you are able to share the survey link with anyone you think might be interested <http://smartsurvey.co.uk/s/Z8G6W>

4th Annual Conference “I’m not a victim, I’m a survivor”

Friday 3rd March 2017

9.00am-4.30pm

Kingsgate Conference Centre, Peterborough

- Abi Billingham, Abianda
- Emily Godfrey, PACE UK
- Fiona Factor, University of Bedfordshire
- Phil Mitchell, BLAST! Project

£40 per delegate (including lunch and refreshments)

To request a booking form email: sally@linktochange.org.uk



Helter Skelter



Helter Skelter
+Plus

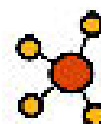
Helter Skelter +Plus



Dodgems



Carousel



Alexi

Link to Change, 38a High Street, St Neots, Cambridge PE19 1JA
Tel: 01480 474974 www.linktochange.org.uk



Innovative New Café recently opened to help revive and promote recovery

A ground breaking new recovery café has just opened its doors in Cambridge to provide individuals in long term recovery from substance misuse a safe, supportive space to develop skills, regain lost confidence and generate opportunities for positive change.

The Edge Café is located at the front of the Brookfields Hospital site on Mill Road and is now open for business serving great coffee and delicious healthy food to the general public. The Edge Café is a community café with a recovery heart - working café but one which also provides a visible demonstration of the possibility of recovery from substance misuse and/or mental health difficulties. The Café provides space for those in recovery to meet, volunteer, gain paid employment, share skills and experiences and feel part of the local community.

There are a range of arts and crafts and wellbeing groups in development which will run out of the café including 'knit and natter', adult colouring, photography, yoga, walks. There is also a conference room in the building 'The Hayman Room' which is fully equipped for meetings, accommodating up to 15 people which can be rented out by the community and local groups or businesses.

The Edge Cafe is an independent resource and is registered as a social enterprise, it runs as a commercial business in order to provide sustainability for the project. This is the first dedicated Recovery café to be developed in Cambridgeshire and follows the model of successful projects in other parts of the country such as 'The Brink' in Liverpool. The Edge Cafe received an initial capital grant from Public Health England and has been receiving project management support from Cambridgeshire County Council. The project is a great demonstration of co-production with individuals in recovery working with the County Council and Inclusion treatment service to develop a unique resource for the local community.



HOME SECRETARY ANNOUNCES PLANS FOR POLICE LICENCE TO PRACTISE

Home Secretary Amber Rudd this morning (Wednesday, 30 November) announced the Government's intention to introduce a Licence to Practise for professionals working in high harm areas of policing, such as dealing with the most vulnerable.

The Licence will ensure that only those individuals who can continuously demonstrate competency in a specialist area, and are on a register of professionals, are deployed to the most complex crimes. It will ensure consistent standards of training across policing and will also mean that police officers and staff are not forced to take on roles they are not prepared for or professionally trained to do.

Speaking at a College of Policing conference on vulnerability, the Home Secretary also announced her support for the College's forthcoming consultation on the Licence to Practise.

Home Secretary Amber Rudd said:

"For too long crimes against vulnerable people have simply not been taken seriously enough, and their voices have not necessarily been heard. They've been treated as second class crimes and not always been given the attention they deserve.

"Police professionals investigating complex crimes against the vulnerable should hold a Licence to Practise so the public can have confidence that an officer has the necessary knowledge and skills to carry out such important work.

"This Licence will put beyond doubt that the skills required to protect the vulnerable are every bit as valued and critical as those required of a firearms officer or any other specially trained officer."

At the Police Federation Conference in May, the previous Home Secretary announced that she would bring forward proposals with the College to develop minimum training and standards for certain specialist roles and to give the College responsibility to enforce those standards through a system of national accreditation. Today's announcements are the result of that work, following close liaison between the Home Office and the College in recent months.

Ms Rudd added:

"I urge the policing sector to engage with the College's consultation to help shape the future of their profession."

The Home Secretary also announced £1.9million of Police Transformation Fund money over two years for the College to transform policing's approach to vulnerability. The funding will allow the College to develop training for all frontline police officers to identify signs of vulnerability and provide better support to victims.

As well as training for every force, the College will pilot intensive courses for supervisors in order to give police officers a better chance of preventing further abuse and gathering evidence for investigations. This is part of more than £26million of Police Transformation Funding awarded today to support 28 transformational policing projects over the next three years.



New programmes from Ormiston

Community Programme (Domestic Abuse)

Ormiston families are running a Community Groups Programme in Peterborough starting 12 January 2017 for mothers with a child 9-11 years who have experienced domestic abuse, but are no longer living with the perpetrator. This is a 12 week course to enable children to tell their story with peers, deal with issues of guilt, anger, self esteem, staying safe, and rebuilding the mother child relationship to enable them to move toward a brighter future.

Non-Violent Resistance Programme

Ormiston families are running NVR in Cambridge starting in February 2017. This is a 10 week course for parents with children 8-17 years who are violent and aggressive toward parents or siblings and/or engage in risky or anti-social behaviours. This course enables parents to learn de-escalation skills, re-build their parent/child relationship and learn a range of skills and techniques to change the dynamic of relationships toward reducing or eliminating destructive behaviours.

Both the above courses require either self referral or referral from professionals and families for both courses will also be assessed. For more information or to make a referral, please contact: Positive Pathways - 01354 293123 or email: positive.pathways@ormistonfamilies.org.uk

Stalking Protection Orders announced

As part of a package of government action to coincide with 16 days of action following the 25 November International Day for Elimination of Violence Against Women, the government has announced plans to introduce Stalking Protection Orders across England and Wales.

Police will be able to apply to the courts for an order before a stalking suspect has been convicted or even arrested. The requirements of the order will vary according to the nature of the case. Typically, the suspect will be banned from going near the victim and contacting them online and they might also be ordered to attend a rehabilitation programme, or undergo treatment if they have a mental health problem.

The announcement is part of a set of measures to prevent violence against women and girls (VAWG) and the orders will provide the same protection as that offered to victims of domestic abuse and will be available whether or not there are ongoing criminal proceedings.

A date has not yet been set for when the Stalking Protection Orders will take effect as it needs to go through parliament processes first.

New referral form for YP IDVA

A new referral form has been uploaded to the website for professionals who wish to make a referral to the Young People's IDVA. The form includes the Safe Lives YP Risk Indicator Checklist.

The form can be accessed on the right hand side of the page at the following link:

http://www.cambsdasv.org.uk/website/children_and_young_people_/96818

Remember that the YP IDVA works with all risk levels and also works with young people up to age 25 who are ex-LAC or who have a diagnosed learning or physical disability or diagnosed mental health condition.

Peterborough Rape Crisis has moved

On Monday 12 December 2016 Peterborough Rape Crisis Care group moved to Thorpe Hall in Peterborough (Sue Ryder Hospice site).

New Office Telephone number: 01733 225937

New Helpline number: 01733 852578

(Calls to 01733 317899 will be automatically transferred for 3 months)

Email: admin@prccg.org.uk

Website: peterboroughrapecrisis.org.uk

Sexual Assault Referral Centre reopens at Hinchingsbrooke Hospital

CAMBRIDGESHIRE'S new Sexual Assault Referral Centre (SARC) opened at Hinchingsbrooke Hospital, Huntingdon, on Wednesday, December 14.

The facility, which will be known as The Elms replaces the Oasis @ Rivergate and provides a dedicated service to all victims of sexual assault by providing them with a safe place to receive medical aftercare, forensic examinations, support and to anonymously report sexual assaults.

There will also be dedicated facilities for children and young people including paediatric clinics.

Support is available 24/7 to anyone who has experienced sexual abuse by calling [0800 193 5434](tel:08001935434) .

Services at The Elms will be provided by a partnership including Cambridgeshire Rape Crisis, Peterborough Rape Crisis, Embrace, Peterborough Women's Aid, Victims Hub, Cambridgeshire Constabulary and Mountain Healthcare Ltd.

More information about The Elms is available online at www.theelmssarc.org. The website includes an option to hide the webpage from your browser history to enable survivors to view it without fear.

Tough Love update

Plans are progressing for the Tough Love tour that will take place in South Cambs and Cambridge City from 6-24th March 2017. Tough Love is a theatre production that focusses on 'unhealthy relationships' teenage relationships and is being offered at the subsidised cost of £200/performance to secondary schools in South Cambs and Cambridge City. There are also some additional slots being made available for community based performances. Alongside the production a directory of local support is being developed

How you can get involved...

1. Preview of play and information workshop for professionals

On 26th January there will be 3 opportunities to see the play and to find out what services are available to support follow up work with young people. To find out more or to book a place contact Jennifer.holah@scambs.gov.uk

9.30 – 11.30am	Huntingdonshire Regional College California Road. Huntingdon PE29 1BL
12.30 – 2.30pm	Buchan Street Neighbourhood Centre 6 Buchan Street. Cambridge CB4 2XF
3.30 – 5.30pm	Melbourn Village College The Moor, Melbourn, Royston SG8 6EF

2. Booking a performance (school or community based)

Contact Jennifer.holah@scambs.gov.uk

3. Providing support to schools/community settings/direct to young people

If your service can offer support to schools or other settings by offering workshops on related themes in the weeks following the performances; has useful resources that support the themes or can offer 'someone to talk to' for young people; then please contact Jennifer.holah@scambs.gov.uk. We can promote your offer in the professionals' workshops and in the Tough Love directory

Free elearning available from the Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership

Domestic Abuse Awareness



Sexual Violence Awareness



**Both courses are Level 1 (basic awareness) and are available
to access from our website**

**[http://www.cambsdasv.org.uk/website/elearning_
modules/92616](http://www.cambsdasv.org.uk/website/elearning_modules/92616)**

Domestic Homicide Review Key Findings

The Home Office has published its latest review of Domestic Homicide Reviews which focuses on key information from 40 DHRs that were looked at in depth.

Key findings:

- In 2014/15, there were 50 male and 107 female domestic homicide victims aged 16 and over.
- Of the 33 intimate partner homicide DHRs the majority (29) involved a male perpetrator and female victim(s). In the remaining four DHRs the victim was male and the perpetrator was female.
- In 12 of the 15 DHRs involving dependent children, the children witnessed or were affected by abuse, violence or the homicide itself.
- There were 21 DHRs involving perpetrators with mental health issues, the majority of which (16) were known to health professionals. Of the 10 DHRs involving victims with mental health issues, all were known to health services.
- Substance use was mentioned in 20 DHRs and in 13 cases substance abuse was known to be an issue by Health services: nine DHRs mentioned substance use by the perpetrator only, two by the victim only and nine by both the perpetrator and victim.
- Among perpetrators and victims the presence of both substance use and mental health issues was more common than either issue occurring alone.
- Of the 40 cases analysed, seven were familial homicides and all involved a male perpetrator who committed the homicide. Six of these cases involved the son killing their mother. Mental health issues were factors in all seven cases and substance use by the perpetrator was also noted in all but one familial homicide cases.
- In terms of agency failings; record keeping, risk assessment and information sharing between agencies was cited as being an issue in the majority of cases.
- There were 24 cases (73% of those sampled) where victims or perpetrators presented to agencies with possible signs of domestic abuse and/or domestic violence but this was not recognised or explored further.

The report has been shared with Community Safety Partnerships and will be included in work going forward in Cambridgeshire. The full report is available at:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/575232/HO-Domestic-Homicide-Review-Analysis-161206.pdf

Soroptimists mark Elimination of Violence day

Soroptimists in Cambridge have marked this year's White Ribbon Campaign by publicising the campaign to end violence against women with a day-long stall in the City's Market Square. There was a steady stream of people willing to pledge their support.

The United Nations initiative seeks the engagement of men especially during 16 days of activity between White Ribbon Day on 25 November and Human Rights Day on 12 December. Cambridge has seven White Ribbon Ambassadors and one of them, David Doggett, chairman of Cambridge United gave a presentation to members of Soroptimist International explaining his commitment and outlining the community outreach work carried out by the football club.

Soroptimist International is a world-wide organisation of women volunteers working in 130 countries to improve the lives of women and girls. There are more than 80,000 members in a network of 3,000 clubs creating learning opportunities, seeking to end violence of all kinds against women and promoting women as leaders and peacemakers.

The United Nations recognises the organisation's contribution towards enhancing the status of women by granting it consultative status. Locally, clubs organise campaigns to influence law-making, offer regular help to support services and raise funds, particularly for Women's Aid centres.

International projects include refurbishing maternity wards in Africa, providing solar lamps and cooking pots and rebuilding a school in Nepal following the earthquake.

The club in Cambridge was formed 70 years ago, and recent activity includes providing packs of household cleaning products for women leaving the Women's Aid centre and setting up new homes, cookery sessions for young women at a City hostel, encouraging organisations and businesses to twin their toilets, raising awareness of human trafficking, and providing bookmarks with relationships advice for teenage schoolchildren.

Soroptimist is generally translated as "best for women."

For further information visit: <http://sigbi.org/cambridge>

Margaret Hyde, president, SI Cambridge



New domestic abuse prompt sheet

A new prompt sheet has been developed for practitioners in Cambridgeshire working with individuals or families where domestic abuse is a factor. The prompt sheet is aimed at both adult and children/families workers and links to the AVA Complicated Matters Toolkit.

The prompt sheet is being sent out with this newsletter to recipients in Cambridgeshire and is also available on our website at: http://www.cambsdasv.org.uk/website/all_professionals/96820

Thank you for all your work to keep Cambridgeshire safer in 2016

Cambridgeshire Safer Communities Partnerships Team

Wish all colleagues and partners

A MERRY CHRISTMAS & A HAPPY NEW YEAR

We look forward to working with you in 2017

