



**A monthly newsletter brought to you by the
Cambridgeshire Domestic Abuse & Sexual Violence Partnership**

April 2016

Dear Partners

Domestic abuse has been in the headlines more than usual recently with the Helen and Rob storyline on The Archers and also articles on BBC Radio 4 and the Countryfile programme. Locally, Cambridgeshire Community Foundation (CCF) were featured in the local press with their plans to increase funding to domestic abuse support services in the county. I attended a workshop with CCF and a number of voluntary and charity sector organisations and we will be assisting to pull together details of the various support projects across Cambridgeshire so that CCF can share this with their network in the hope of attracting new funding streams. We welcome the chance to work with CCF on this and hope that it is able to generate some more funding to support victims and their families.

There are so many dedicated days and weeks now that it's hard to keep up but two that are relevant to our work are National Stalking Awareness Week in April and National Mental Health Week in May. As part of stalking awareness, the singer Lily Allen has been talking about her experience of being a victim of stalking and how the concept of 'victim blaming' made her feel. The theme for Mental Health week 2016 (16-22 May) is Relationships and we will be using our Facebook and Twitter pages to highlight the links between abusive relationships and mental health issues.

I hope you enjoy the newsletter and remember that you can submit articles to Amanda.warburton@cambridgeshire.gov.uk

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Upcoming Training

The dates and venues for Domestic Abuse training are below, to book, click on the following link and choose the 'Workforce Development Children's' option at the bottom of the page <http://www.cambridgeshire.gov.uk/learntogether/social>

Introduction to Domestic Abuse (1.5 day course)

Wed & Thurs	18-19 May 2016
Wed & Thurs	13-14 July 2016
Wed & Thurs	12-14 October 2016

Domestic Abuse Risk Assessment - 30th June, 11th October

Children Experiencing Domestic Violence – (dates pending)

Engaging with perpetrators of DV - 6th May

Details of all four levels of domestic abuse training offered in Cambridgeshire are now available on our website http://www.cambsdasv.org.uk/website/training_1/86050

Safeguarding Adults Training 2016/17

There is now a new one day course on domestic abuse for people working with adults at risk. The new Safeguarding Adults Training Programme, including all course dates, can be downloaded [here](#).

Cambridgeshire LSCB 2016/17 Training Programme

The LSCB have launched their 2016/17 training programme.

All course and application information is now available on the LSCB website where you can also apply for the courses via Booking Bug.

You will also find the LSCB training principles and information relating to non LSCB courses and LSCB single agency validation www.cambridgeshire.gov.uk/lscb

Specialist training is also offered by **Against Violence and Abuse (AVA)**. Most of these events are in London and there is a charge. For details of upcoming events please see http://www.avaproject.org.uk/our-training--events/open-training.aspx?mc_cid=1ae5fd614c&mc_eid=273e6b246c



Jimmy's Cambridge are hosting students from BPP Law School for an evening lecture on domestic abuse and homelessness on **Wednesday 18th May**, 6.30 – 7.30pm at East Road, Cambridge. If you are interested in attending, please contact Ros Mangeot on 01223 576085, or ros@jimmyscambridge.org.uk.

Chelsea's Choice evaluation from East Cambs and Fenland

The play, focussing on child sexual exploitation, toured all secondary schools in East Cambs and Fenland (ECF) in September 2015. Performances also took place at Fenland Learning Base and College of West Anglia. In total approximately 2 500 students saw the show. Students were mainly in Year 9 (14yrs) but one performance was delivered to year 10 students and one to post 16 years.

Workshops, with a performance of the play, for adults working with young people were held in July 2015. These were open to any adults working with young people and interested in child sexual exploitation. Attendance was required from schools/colleges hosting performances. The workshops were attended by approximately 50 professionals from a range of different organisations including voluntary groups; district and county councils; fire; police; health; children's homes and education. Four host organisations attended the workshops

The aim of the workshops was to preview the play and highlight themes emerging from it and to encourage networking between organisations hosting performances and those who could support follow up work.

Settings that did not attend the workshop were followed up with a 1:1 visit and all settings were provided with an ideas pack with exercises to follow up themes from the play and a list of professionals and organisations happy to support follow up work. One school developed their own discussion resources for staff to use with young people in tutor groups

Follow up with students indicated that there was a need for further support and, whilst there was a good response from local organisations willing to support the programme with many offering to support follow up work in schools, we are not aware of any hosts taking up the offer of further support.

We are looking into the possibility of commissioning Alter Ego to deliver Chelsea's Choice again for the 2016/17 academic year.

Support for perpetrators in Peterborough

Outside Links was set up as a way of HMP/YOI Peterborough, providing a provision of through the gate support to and from the community and by actively helping to support the local agenda of Safer Peterborough Partnership building on the 'what works' agenda and providing a greater visibility of the commitment to reduce the risk of re-offending and to change lives for the better. The work is characterised by being partnership driven with low costs, and focusing on delivering imaginative support to offenders on release using support and interventions that have been shown to be successful and undertaken locally.

Over the first year we have helped almost 2000 people in our care following release and some of the support provided includes:

- support by trained resettlement staff and peer support workers
- Travel warrants and travel information
- Free transport to local appointments or train/bus station
- Contacting probation to confirm arrival times
- Arranging appointments for local crisis accommodation
- Free telephone service to family or friends
- Access to a mobile phone charger
- Support with employment
- Immediate family support
- Follow up calls to check their welfare

On the 18th August 2014 Outside Links expanded into the community, and are now working with a wide range of partners, not only supporting people who are released from court and prison but also the wider community.

We believe by overseeing the development of the Outside Links we will help reduce crime and the fear of crime in the community. Support offered in the community includes WOW days (women only Wednesdays) where we provide arts and crafts and 1-1 support for women who have (or are) victims of Domestic Abuse and we also support sex workers. Peterborough Rape Crisis and a Sexual health nurse also support the WOW days.

More Peterborough news wanted

Now that the newsletter is covering Peterborough too, we would be grateful for any articles of good news, information or case studies from colleagues in Peterborough. Articles should be a maximum of one side of A4 if possible and we are happy to include pictures. Please send to Amanda.warburton@cambridgeshire.gov.uk

CSE Awareness Day

Police officers and staff showed their hands in support of the NWG Network National Child Sexual Exploitation (CSE) Awareness Day March 18th. Officers and staff across the force, including Chief Constable Alec Wood, wrote individual pledges on their hands including, 'you deserve better', and, 'we're here', to back the campaign. Further information and support can be found at <http://ow.ly/YJK3N>.



Domestic Abuse gets the nation talking

From Refuge Newsletter: In February, Refuge supporter Paul Trueman set up a Just Giving page in aid of The Archers' character Helen Titchener, who has been experiencing domestic abuse at the hands of her partner Rob. Thanks to Paul's brilliant idea, over £111,000 has been raised for Refuge to date – and this figure is still growing. The fund has also generated huge amounts of media attention, allowing Refuge to raise awareness of domestic abuse – and in particular, the type of controlling behaviour exemplified by Rob – in almost every national newspaper and on the BBC Breakfast sofa.

Our thoughts: Many domestic abuse services were dismayed at the conclusion of the Helen Archer story when Helen stabbed Rob in front of her child. Whilst some victims do eventually retaliate with violence themselves, this is rare and it is generally the woman's instinct to always protect her child so committing the act in his presence is very unlikely. However, the story line in general has raised a lot of awareness of domestic abuse, particularly the controlling aspects that perpetrators use, so people talking about it is always a good thing. We will be doing some work into domestic abuse in rural areas later this year as this is a particular issue raised by the programme.

Local Housing Allowance

Refuge have been lobbying MPs about the Government's Housing Bill. If plans to extend the housing benefit cap to those renting from social landlords (of which Refuge is one) go ahead, it will mean the decimation of the refuge sector. Refuge is demanding that refuges be exempt from the change. Refuge wrote to welfare minister Lord Freud asking for immediate clarification on this issue and to MPs in areas where it runs services, asking for their support on this issue. Refuge has also taken part in a review, jointly commissioned by the Department of Work and Pensions and the Department of Communities and Local Government, into the impact this change will have on supported housing – and made it clear the consequences would be catastrophic.

New Cambridge City Council web page

Our partners at Cambridge City Council have updated their online domestic abuse information and would appreciate feedback. You can visit and rate the page at <https://www.cambridge.gov.uk/advice-for-people-affected-by-domestic-abuse>.

Forced Marriage Roadshows

Karma Nirvana, the UK charity providing support and training to help prevent forced marriages and honour based abuse, launched the first of a series of Community Roadshows in Luton on 13th April.

The local Imam Hafiz Muhammad Ehsan Ullah of Al-Hira Centre spoke at the event, stating clearly how forced marriages are forbidden in Islam. Other presentations included the journey of UK victims, their struggle and ability to break free and survive and Ria, a survivor spoke for the first time about the abuse she experienced at the hands of those who were meant to love her the most - family. Karma Nirvana will be travelling across the UK over the next 8 weeks, although no roadshows are planned for Cambridgeshire.

The charity has received 92 calls from survivors in Cambridgeshire since 2014 – the 3rd highest number in the Anglia region <http://www.itv.com/news/anglia/update/2016-04-13/campaign-to-highlight-the-problem-of-forced-marriage/>

Meeting rooms needed in Fenland

Peterborough Rape Crisis are in need of free rooms in Wisbech and March to undertake one to one counselling sessions with survivors of sexual violence, usually one hour at a time on a weekly or fortnightly basis.

If you know of anywhere that can help, please contact tanja.rodziewicz@nhs.net.

Stalking Awareness Week

To coincide with National Stalking Awareness Week, the Suzy Lamplugh Trust released '[Out of Sight, Out of Mind](#)' – a report on stalking data in England and Wales, compiled from information from a series of Freedom of Information requests to public agencies seeking data on the response to stalking crimes.

Key findings

Police figures

- The number of stalking cases recorded by the police represents less than 1% of the cases that take place each year.
- There is an alarming discrepancy between the numbers of recorded stalking crimes across different police force areas.
- A number of police forces reported that their recorded stalking figures for 2014/2015 were lower than their recorded stalking figures for 2013/2014.

Service Provision by Police and Crime Commissioners

- Since 2013, only nine police and crime commissioners have commissioned services that specifically work with victims of stalking at any point.
- Only 0.18% of the total police and crime commissioner budget for victims' services for England and Wales in 2015/2016 was spent on stalking-specific projects.

Stalking and Domestic Homicide

- Despite experts recognising the link between stalking and domestic homicide, only 27 domestic homicide reviews in the last five years have identified stalking in the lead up to the murder of the victim.
- Suzy Lamplugh Trust is concerned that domestic homicide reviews are not always accurately identifying stalking behaviour and are calling for more research on this topic.

Call for more research into Eldercide

In the years 2011-12 to 2013-14, 61 women aged over 75 were killed, and the most common perpetrator was a male family member – either a spouse, son or grandchild. Such cases are usually treated as elder abuse but such cases share more characteristics with violence against women including the most used methods of killing. There is very little research into this topic but an article published on 18th April in The Conversation calls for professionals and academics to place more attention on the links

<https://theconversation.com/why-elderly-deaths-from-abuse-are-part-of-wider-pattern-of-violence-against-women-57529>

Sexual harassment and sexual violence in schools inquiry

The Women and Equalities Committee have launched the first parliamentary inquiry into the scale and impact of sexual harassment and sexual violence in schools.

Prior to launching the inquiry, the Committee gathered the views of 300 young people from across the UK through a series of workshops run by [Fixers](#).

Young people reported that:

- schools are not playing their part in recognising the pressures young people are under when dealing with matters of sexual harassment and sexual bullying
- teachers may brush off incidents of sexual assaults or sexually threatening behaviour because of students relatively young ages
- many incidents go unreported because students are worried that victims will be punished as well as perpetrators

The Inquiry aims to gather evidence about the scale of the problem and understanding the impact as well as developing support for young people around online harassment. Submissions are being invited and the deadline is 22nd May. There is also a chance for young people to submit their views.

The Partnership will be pulling together a submission for the inquiry with support from the organisations that make up our CYP Healthy Relationships Group.

<http://www.parliament.uk/business/committees/committees-a-z/commons-select/women-and-equalities-committee/inquiries/parliament-2015/inquiry1/>

PODS

Positive Outcomes for Dissociative Survivors

*making recovery from dissociative disorders a reality
through training, informing and supporting*

01480 878409 • www.pods-online.org.uk • info@pods-online.org.uk



Child Sexual Abuse: Hope for Healing

“Child sexual abuse is when you’re powerless and betrayed, and you’re all alone and you mustn’t tell, and there’s confusion and pain and deep down inside there’s the fear that it’s all your own fault, that there’s something wrong with you, something terribly and toxically wrong with you, and there’s nowhere to go, and no one to run to, and no way to stop it because you’re small and weak and stupid and if only!!—if only!!—if only you had known, if you only you hadn’t been there, if only you hadn’t said what you’d said, or done what you’d done, or felt what you’d felt...That’s what child sexual abuse is.”

This course looks at the whole topic of child sexual abuse, the impact on the survivor, how to work therapeutically with it, and if and how recovery is possible. Combining personal experience with research and neuroscience, this day is suitable both for stable survivors, and all types of professionals working with them.

The day is delivered lecture-style with excellent visuals and all original content. There are opportunities throughout the day to break into smaller groups for discussion, or worksheets are also provided for people who prefer to process alone. Delegates receive an extensive pack including the relevant book for each course, and a CPD certificate for 6 hours.

PODS is a leading provider of CPD training on trauma, dissociation, sexual abuse and attachment. We run around 20 training days a year, throughout the year, all of them led by Carolyn Spring, Director of PODS and author of *Recovery is my best revenge: my experience of trauma, abuse and dissociative identity disorder*. Our days usually attract audiences of 100-180 people per event, and many events sell out even months in advance, so please book early to avoid disappointment. You can book online: www.pods-online.org.uk/training or call us in the office 01480 878409.

DETAILS

- Date: Saturday 11 June 2016
- Times: Refreshments and registration from 9:30. Day runs 10-5
- Venue: Buckden Village Hall, Burberry Road, Buckden, Cambridgeshire, PE19 5UY
- Cost: £80.00. We are able to offer group discounts and some concessions for people on a low income - please get in touch to enquire before booking.

OUTSIDE LINKS

Support in the Community

WOW DAYS

(Women only Wednesdays)

13.00 – 17.00

Some of the support provided

Housing

Benefits

Sexual Health

Free Contraception

Domestic Abuse

Arts and Crafts 13.00 – 15.00

Why not pop in for a chat

Light refreshments provided

Freephone

0800 587 7745

Or

07789615048



Address: 101 Wellington St Eastgate Peterborough PE1 5DU

(Part of the YMCA Timestop)

WE LOOK FORWARD TO SEEING YOU THERE!

